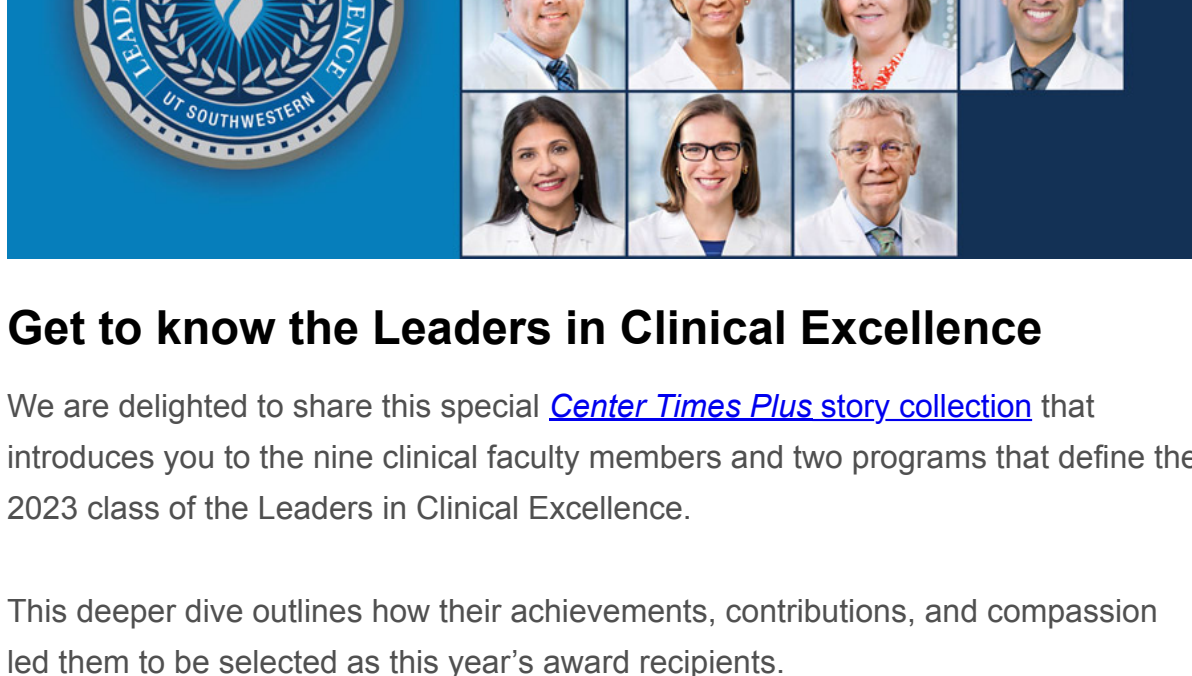


You are cordially invited to a special event

2023 LEADERS IN CLINICAL EXCELLENCE AWARDS



Get to know the Leaders in Clinical Excellence

We are delighted to share this special [Center Times Plus story collection](#) that introduces you to the nine clinical faculty members and two programs that define the 2023 class of the Leaders in Clinical Excellence.

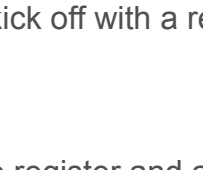
This deeper dive outlines how their achievements, contributions, and compassion led them to be selected as this year's award recipients.

Additionally, we want to remind you that you are all invited to celebrate the honorees on **Nov. 9 at 4:30 p.m.** at the sixth annual Leaders in Clinical Excellence Awards ceremony hosted by UT Southwestern President Daniel K. Podolsky, M.D.

The event will be held in person at the Tom and Lula Gooch Auditorium, with a reception to follow on McDermott Plaza. (There is also an option for virtual attendance.) Please [RSVP online](#).

[Leaders in Clinical Excellence 2023](#)

9th Annual Tribute to Veterans



Join the UTSW Veterans Day celebration

Next month, we will show appreciation for the veterans across the country and here at UT Southwestern. You're invited to attend the annual Tribute to Veterans on Friday, Nov. 10. **Dan Sepdham, M.D.**, Associate Professor of Family and Community Medicine and Air Force veteran will serve as the keynote speaker. Dr. Sepdham spent six years as an Air Force flight surgeon.

The event, held in person at the William P. Clements Jr. University Hospital Education Center and virtually, will kick off with a reception at 11:30 a.m. The formal program begins at noon.

Registration is required to attend. To register and add the date to your calendar, please visit the [event listing](#). All staff, faculty, and learners are welcome.

The Tribute to Veterans is hosted by the Office for Institutional Opportunity and the Veterans Alliance Business Resource Group.

[Tribute to Veterans](#)

It's the great (nutritional) pumpkin!

The popularity of pumpkins has exploded in everything, from the Halloween gourd and its associated spices finding their way into even years with the curries and lattes to puppy treats and power bars. But pumpkin isn't just a delicious trend, it's a nutritional powerhouse.

The vitamins, minerals, and antioxidants in pumpkin can help sharpen sight, boost the immune system, and lower blood pressure, says **Bethany Agusala, M.D.**, an Assistant Professor in the Department of Internal Medicine who specializes in adult primary care and lifestyle medicine. Of course, food items with a lot of added sugar (sorry, latte lovers) are not necessarily recommended, but Dr. Agusala offers plenty of tasty suggestions and recipes to reap the benefits of pumpkin this season in [her latest MedBlog](#).

SECC Fair builds momentum for state giving campaign

Thanks to everyone who came out to the SECC Fair last week on McDermott Plaza for sun, fun, food, and information about some of the organizations supported by the State Employee Charitable Campaign (SECC). If you weren't able to attend, we've shared some photos from the event on our [SECC site](#) (network connection or VPN required), where you can also learn how to donate.

Each year, the SECC offers a simple way for UTSW employees to make a big difference by making direct contributions via payroll deduction to [many different causes](#) – from human rights and animal welfare to environmental cleanup and health care.

With one week left in the campaign, which runs through Oct. 31, UTSW is about halfway to its goal of \$350,000. Let's continue the generous spirit of giving at UT Southwestern by supporting the charities of your choice!

[SECC info \(VPN required\)](#)

Insider Guide

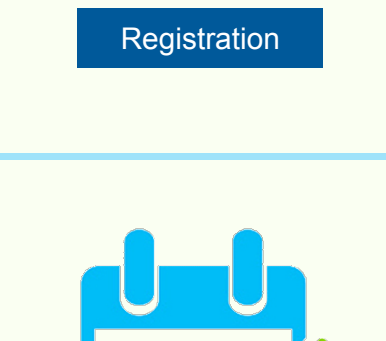


Pickleball Fundraiser for Rare Disease Research

11 a.m. – 2 p.m., Nov. 12
Chicken N Pickle - 4600 Merlot Ave., Grapevine

Enjoy pickleball and an afternoon of family fun to benefit DDX3X Foundation-sponsored research at UTSW. Children and spectators can participate in other outdoor games as well. All proceeds from registrations and donations will fund research on DDX3X Syndrome at UTSW in the laboratory of **Steven Gray, Ph.D.**

[Details](#)



"Trunk or Treat" with University Police

6 – 8 p.m., Oct. 30
UTSW Police parking lot - 6010 Forest Park, Dallas

The UT Southwestern campus police will be hosting their first annual "Trunk or Treat" for the UTSW community as well as the surrounding community. The event will feature safe and spooky activities for kids, face painting, a photo booth, yummy snacks, and more. Come out and enjoy some worry-free, frightful fun!



One Health Symposium: connecting humans, animals, and the environment

8 a.m. – 2 p.m., Nov. 3
South Campus, D1.602 and virtual

Faculty, postdocs, and students within the Basic Science community are invited to this event, sponsored by UTSW and Texas A&M, which will highlight research conducted at both schools. Additionally, partners can build connections and collaborations to advance the concept of One Health.

[Registration](#)



UTSW Events Calendar

Looking for your daily dose of happenings? Check out the UTSW Events Calendar, which is updated every day.

[Click to view upcoming or trending events](#)

[Share your 'Insider' suggestions](#)