



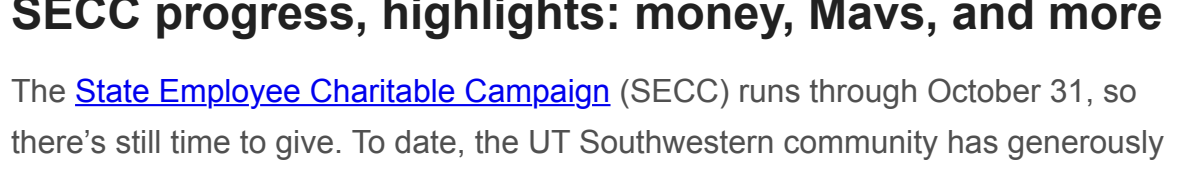
Spong elected to National Academy of Medicine

In recognition of her many contributions to the field of maternal-fetal medicine, her leadership in women's health research, and her dedication to advancing health care for mothers and babies, **Catherine Y. Spang, M.D.**, Chair and Professor of Obstetrics and Gynecology at UT Southwestern, has been elected to the National Academy of Medicine (NAM).

"As a researcher, mentor, physician, leader, and passionate advocate in obstetrics and gynecology, Dr. Spang will bring valuable insight and a wealth of experience to the National Academy of Medicine's mission," said UTSW President Daniel K. Podolsky, M.D., in [the announcement](#) Monday.

Dr. Spang is the 20th NAM member at UTSW, which has more NAM members than any other institution in Texas. Along with 26 members of the National Academy of Sciences (NAS), 14 investigators of the Howard Hughes Medical Institute, and six Nobel Laureates, Dr. Spang's election to the NAM builds on UTSW's legacy of excellence in science and medicine. We encourage you to visit [our new webpage](#) that highlights UT Southwestern achievements.

[Read the announcement](#)



SECC progress, highlights: money, Mavs, and more

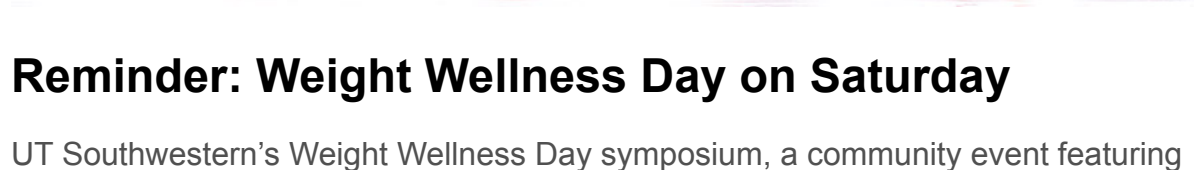
The [State Employee Charitable Campaign](#) (SECC) runs through October 31, so there's still time to give. To date, the UT Southwestern community has generously donated about \$90,000. To get inspired and help us move toward our goal of \$350,000, you can watch videos of our friends at the Dallas Mavericks, CEO Cynt Marshall and veteran center Dwight Powell. They offer messages of involvement, charity, the importance of giving, and what UTSW means to the Mavs and North Texas.

Whether you're still mulling over which charities to support, or you just need some fresh air, we encourage you to come out to the 2023 SECC Fair on South Campus next week.

You'll be able to visit with representatives from some participating charities, learn about many worthy causes, make online contributions on the spot, and enjoy giveaways, hot dogs, popcorn, and drinks while they last. It's all happening on McDermott Plaza from 11:30 a.m.–1 p.m., Wednesday, Oct. 18.

[How to donate](#)

VPN required



Reminder: Weight Wellness Day on Saturday

UT Southwestern's Weight Wellness Day symposium, a community event featuring valuable health information and useful demonstrations, is coming up this Saturday, Oct. 14. UTSW employees, learners, and friends and family are invited to attend this free event; [registration](#) is required.

Presented by the UT Southwestern Nutrition and Obesity Research Center (NORC), Weight Wellness Day's morning session (9 a.m.–noon) is geared toward the public and includes interactive cooking demonstrations, presentations on maintaining healthy weight, and expert advice on weight-loss medications, which obesity medicine specialist **Tonia Vinton, M.D.**, wrote about recently in UTSW's [Medblog](#).

The afternoon session (1–4 p.m.) is designed for health care providers (though the public is welcome) and will feature an Obesity Treatment Bootcamp as well as an overview of recent advances in obesity care and research. Lunch will be provided from noon to 1 p.m. for those who register in advance.

CME and MOC credits are available for a nominal fee.

[Register](#)



Satellite food services venues transitioning to cashless payments

Starting Monday, Oct. 16, the micro-markets at the Simmons Cancer Center Café and the O'Donnell Brain Institute will move to a cashless payment system. Micro-markets offer healthy grab-and-go meal and snack options around the clock at various buildings on campus. Forms of accepted payment will include:

- Credit cards
- Debit cards
- Mobile payments
- Contactless NFC payments (e-wallets)
- UTSW guest dining cards

Management of these locations is now under new administration. Cashless payment and 24-hour options will soon also be available at the James W. Aston Ambulatory Care Center, Empire Plaza, Professional Office Buildings, Outpatient Building (OPB), Radiology Oncology Building, and West Campus Building 3. UTSW dining cards in \$10 increments will be available for cash purchase at the valet stands. (POB and Brain Institute micro-markets are excluded from dining card use.)

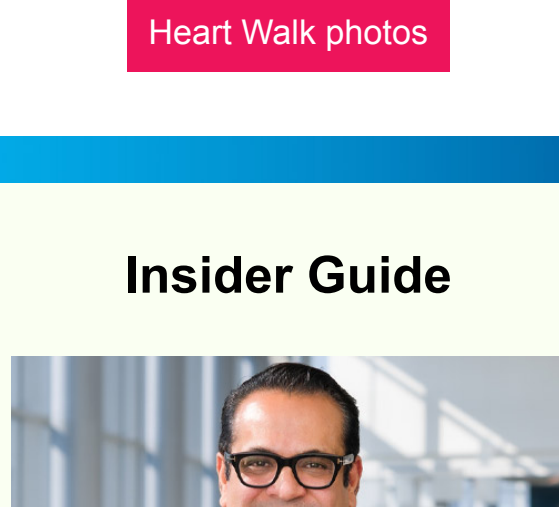


Photos: 2023 Dallas Heart Walk

Were you one of the thousands of UTSW participants [our cameras spied](#) at the Dallas Heart Walk? A hearty high-five to all those who turned out for the event on Sept. 23. This year's walk drew 2,700 registrations and raised more than \$39,000 for the American Heart Association (AHA). Donations assist heart disease and stroke patients, fund research at UTSW and other leading centers, and promote wellness initiatives. Be sure to visit this year's photo gallery to see your UTSW colleagues, friends, and family walking for a great cause.

[Heart Walk photos](#)

Insider Guide



Dispatches from a Consequentialist Public Health Journey

Noon–1 p.m., Oct. 18

Children's Medical Center Dallas, Moore Auditorium | Zoom

Saad B. Omer, M.B.B.S., M.P.H., Ph.D., founding Dean of the O'Donnell Jr. School of Public Health, will speak as part of the Clinical & Translational Research Lecture Series. The first 50 in-person attendees will receive a boxed lunch.

[Information](#)



Walk with a Doc this Saturday

11 a.m.–noon, Oct. 14

Kiest Park – 3080 S. Hampton Road

UT Southwestern's Family and Community Medicine Residency Program participates in this national, monthly, fun fitness outing for anyone looking to do some light cardio. Led by physicians in the Department of Family and Community Medicine, there's also a brief talk on a health topic prior to the walk.

[Map and info](#)



UTSW Events Calendar

Looking for your daily dose of happenings? Check out the UTSW Events Calendar, which is updated every day.

[Click to view upcoming or trending events](#)

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