



### Photos: PACT recognition celebrations

Congratulations to the 809 PACT Gold and Platinum pin recipients who were recently honored for milestone achievements in customer service. That number breaks the record for most-ever Gold and Platinum winners in a recognition period.

UT Southwestern's PACT program celebrates staff and faculty who demonstrate the institution's PACT standards:

- Problem Solving
- Ability, Attitude, and Accountability
- Communications and Compassion
- Teamwork.

An individual receives a Gold pin after being awarded 16 PACT cards; earning five Gold pins elevates you to Platinum status.

For their outstanding work, the Gold and Platinum winners were recognized by UT Southwestern leadership in a series of celebrations that included an ice cream social, photo opportunities, and a pin presentation. Be sure to view some highlights in the [photo gallery](#) on *Center Times Plus*.

For questions and details, contact [pact@utsouthwestern.edu](mailto:pact@utsouthwestern.edu) or visit the [PACT website](#) (network connection or VPN required). To submit a standout colleague for a PACT card, fill out the [online form](#).

[PACT on CT Plus](#)

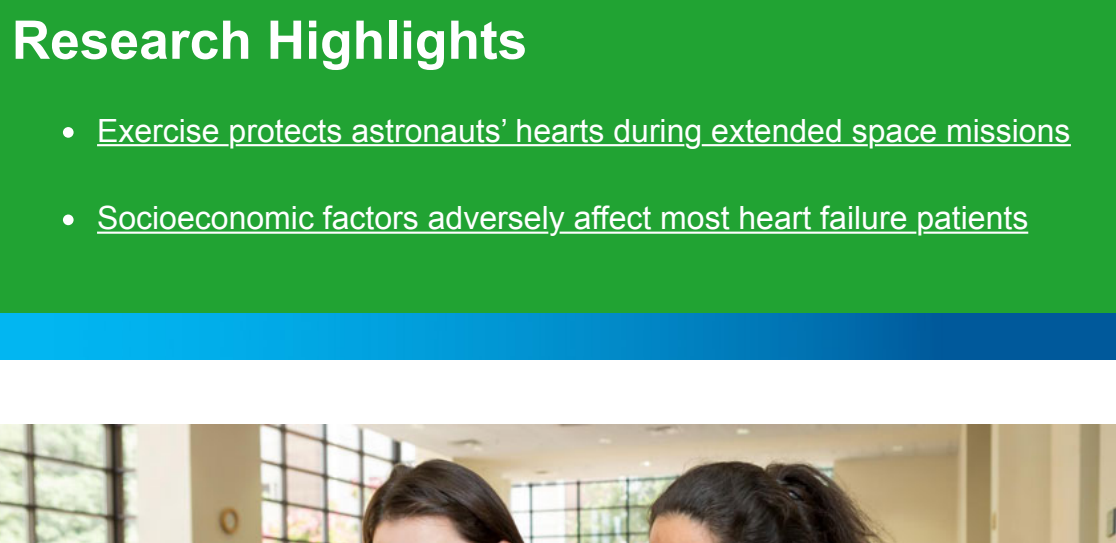
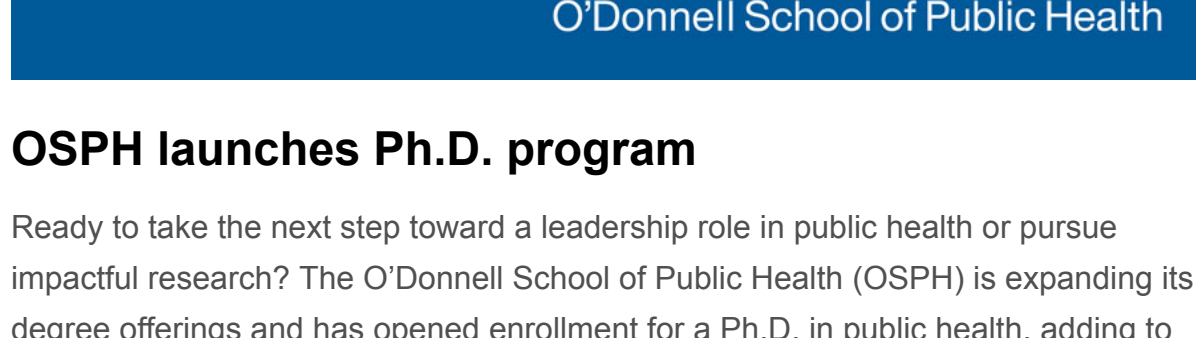


Photo credit: NASA

### Research Highlights

- [Exercise protects astronauts' hearts during extended space missions](#)
- [Socioeconomic factors adversely affect most heart failure patients](#)



**UT Southwestern**  
O'Donnell School of Public Health

### OSPH launches Ph.D. program

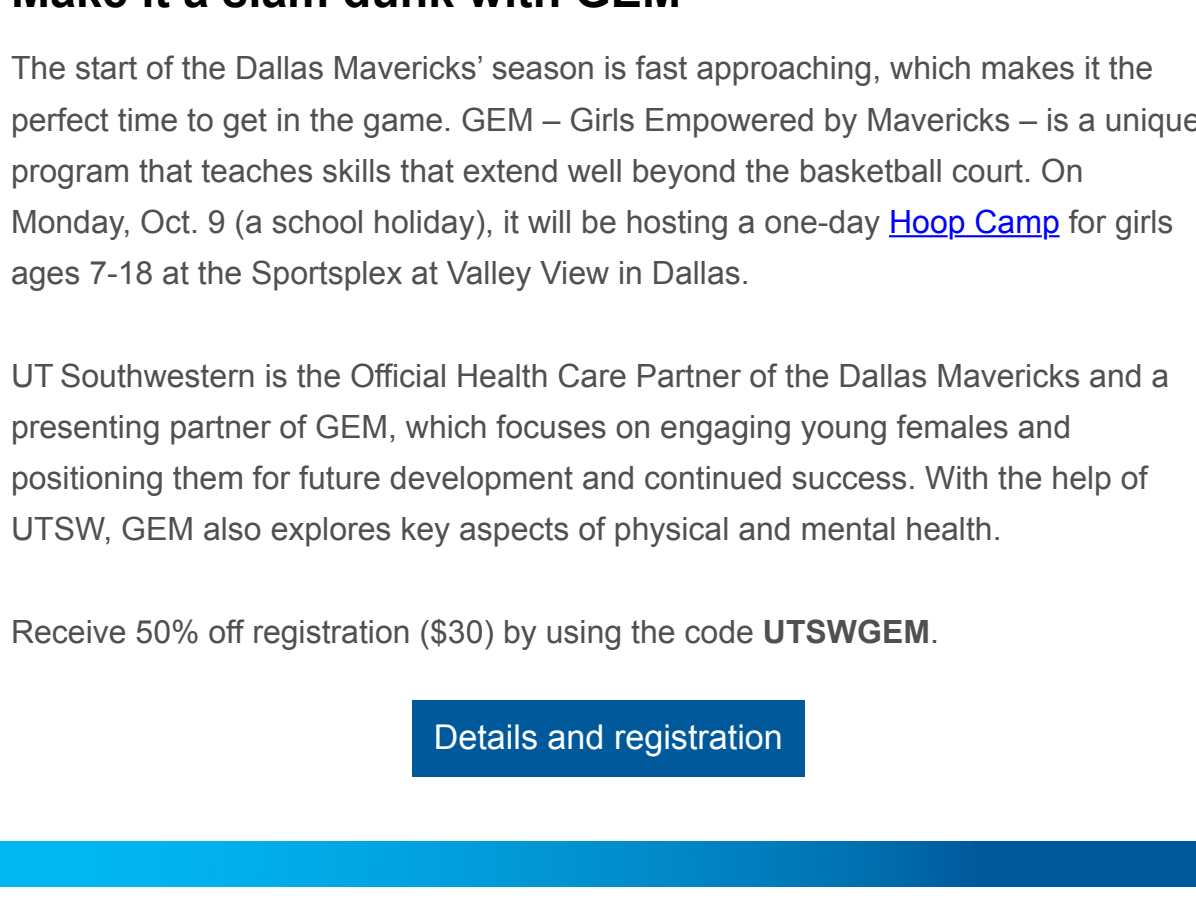
Ready to take the next step in leadership role in public health or pursue impactful research? The O'Donnell School of Public Health (OSPH) is expanding its degree offerings and has opened enrollment for a Ph.D. in public health, adding to its M.D./M.P.H. and M.P.H. programs.

This comprehensive, four- to five-year doctoral program provides specialized tracks in two concentrations: Health Economics and Policy and Health Data Sciences. Admitted students will receive full coverage of tuition/fees and a competitive research assistantship.

[Applications](#) are open through **Feb. 1, 2024**, with priority review given to those submitted by Dec. 1, 2023.

Simultaneously, the M.P.H. application is now open, inviting students to join the second cohort.

[Learn more](#)



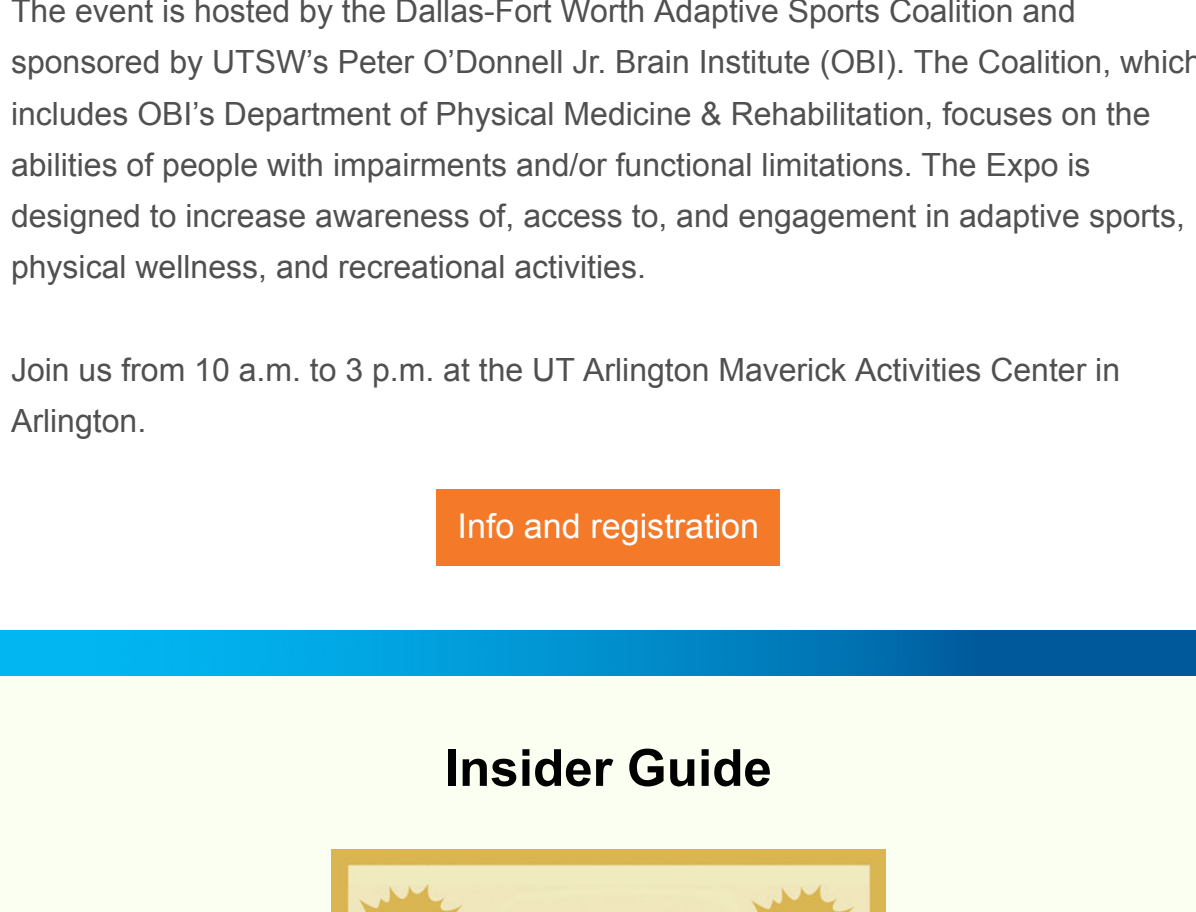
### Make it a slam dunk with GEM

The start of the Dallas Mavericks' season is fast approaching, which makes it the perfect time to get in the game. GEM – Girls Empowered by Mavericks – is a unique program that teaches skills that extend well beyond the basketball court. On Monday, Oct. 9 (a school holiday), it will be hosting a one-day [Hoop Camp](#) for girls ages 7-18 at the Sportsplex at Valley View in Dallas.

UT Southwestern is the Official Health Care Partner of the Dallas Mavericks and a presenting partner of GEM, which focuses on engaging young females and positioning them for future development and continued success. With the help of UTSW, GEM also explores key aspects of physical and mental health.

Receive 50% off registration (\$30) by using the code **UTSWGEM**.

[Details and registration](#)



### Come out and play at the Adaptive Sports Expo

Wheelchair fencing, adaptive archery, Para pickleball, and adaptive climbing are just a handful of sports you'll be able to discover at the annual [Adaptive Sports Expo](#) on Saturday, Oct. 14.

Attendees of all ages and abilities are welcome to actively engage in adaptive and Para sports and interactive sessions, making it an inclusive experience for everyone.

The event is hosted by the Dallas-Fort Worth Adaptive Sports Coalition and sponsored by UTSW's Peter O'Donnell Jr. Brain Institute (OBI). The Coalition, which includes OBI's Department of Physical Medicine & Rehabilitation, focuses on the abilities of people with impairments and/or functional limitations. The Expo is designed to increase awareness of, access to, and engagement in adaptive sports, physical wellness, and recreational activities.

Join us from 10 a.m. to 3 p.m. at the UT Arlington Maverick Activities Center in Arlington.

[Info and registration](#)

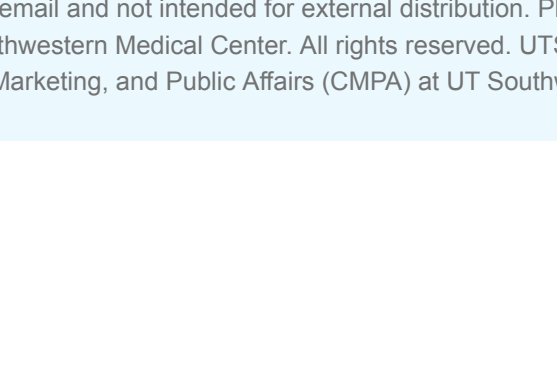
### Insider Guide



#### Printing Services open house

11 a.m.–2 p.m.  
Oct. 10 - Building D  
Oct. 12 - Building NG

The [Printing Services](#) team will hold an open house for the UT Southwestern community to explore the latest offerings, including embroidery and acrylic. Representatives will be on hand to answer any questions about how they can help you with your business needs.



#### Southwestern Writes

5:15–6:15 p.m., Oct. 9  
Bryan Williams, M.D. Student Center, Sanders Lounge

Each Monday, this group gathers to offer accountability, encouragement, peer-review, checkpoints, ideas, and other resources to faculty, staff, researchers, and students. The [meeting](#) also provides a dedicated time to work on academic, creative, or any other type of writing.



### UTSW Events Calendar

Looking for your daily dose of happenings? Check out the UTSW Events Calendar, which is updated every day.

[Click to view upcoming or trending events](#)

[Share Your 'Insider' Suggestions](#)