



### UTSW women's groups earn AAMC leadership award

In celebration of Women in Medicine Month, we're pleased to share that UT Southwestern has been recognized with the 2023 Association of American Medical Colleges (AAMC) Group on Women in Medicine and Science Leadership Award for an Organization. The honor is bestowed annually to an organization for its decadeslong commitment to developing female leaders and far-reaching impact to support and advance women's careers.

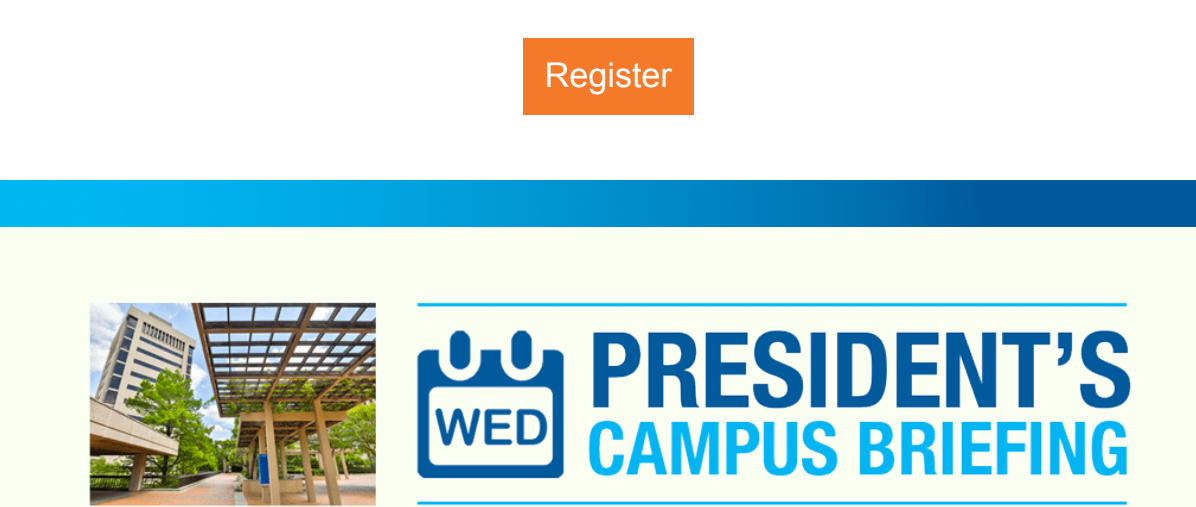
The award was specifically presented to two UTSW entities: Women in Science and Medicine Advisory Committee ([WISMAC](#)) and the Office of Women's Careers ([OWC](#)).

Established in 1994, WISMAC formalized efforts to enhance the representation of female faculty and learners and to nurture an inclusive environment to promote their success. The OWC was created in 2012 to further the professional development and career advancement of women faculty members.

Among its accomplishments, WISMAC spearheaded the opening of on-campus child care centers, established lactation units, advocated for subsidized backup dependent care, and engaged in the annual Compensation Equity Study.

Women make up 46% of the UTSW faculty, and the OWC has supported initiatives that promote their achievements. Projects such as [Celebrating Breakthroughs Together](#) and [IF/THEN Ambassadors](#) are intended to inspire the next generation of women in medicine and science.

Several members of WISMAC are pictured above in front of the "Celebrating Breakthroughs Together" wall.

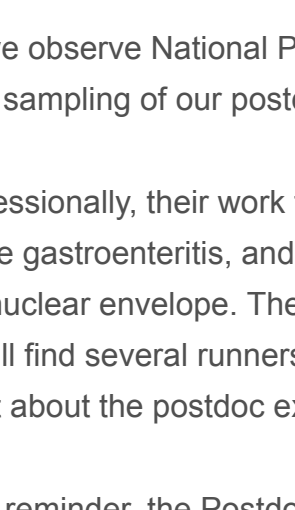


### Save the date: Weight Wellness Day

Gain expert insights to achieve and manage a healthy weight, learn about breakthroughs in weight-loss medications, hear how nutrition can improve health, and more at Weight Wellness Day. This free symposium is being presented by the UT Southwestern Nutrition and Obesity Research Center (NORC) – one of only 12 such centers in the nation – on Saturday, Oct. 14, from 9 a.m. to 4 p.m. UTSW employees and learners are invited to attend and may bring friends and family.

Morning activities are designed for the public and feature informational sessions and an interactive cooking demonstration. The afternoon portion of the event is geared toward health care providers, including an obesity treatment bootcamp to help evaluate and support patients. CME and MOC credits are available for a nominal fee. Registration is required to attend.

[Register](#)



## WED PRESIDENT'S CAMPUS BRIEFING

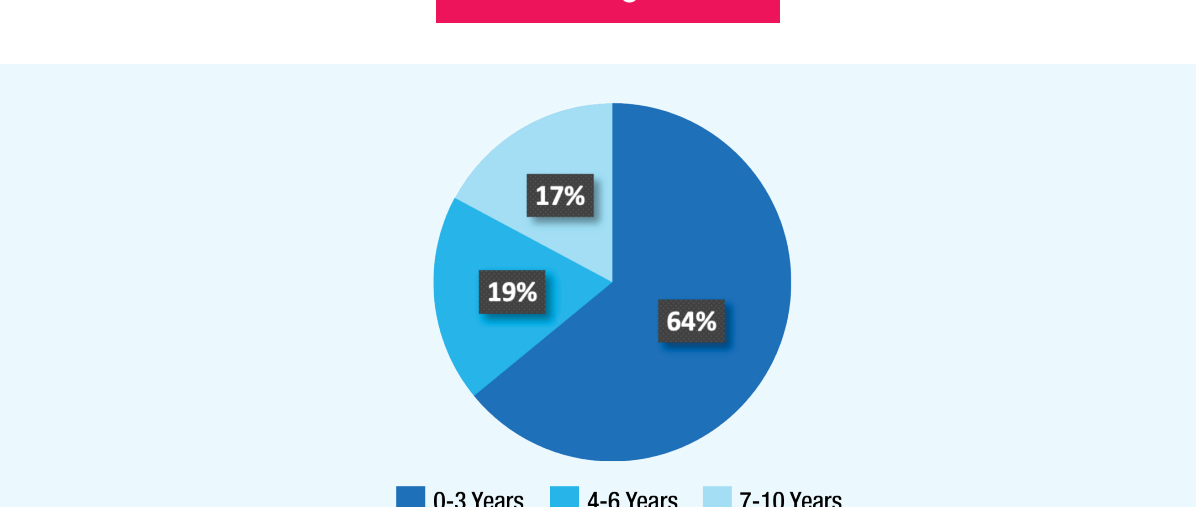
### We want to hear from you

After a summer hiatus, next week marks the return of the now quarterly [campus briefings](#) from UT Southwestern President Daniel K. Podolsky, M.D.

Mark your calendars for Wednesday, Sept. 27, at 9 a.m. and get ready to help shape the discussion.

We encourage you to share the topics you would like to know more about. In the past, some of you have asked about recruitment efforts and the status of the Behavioral Health Center at UT Southwestern and other expansion projects. Others were curious about our sustainability efforts on campus. Please email your questions.

[Ask the President](#)



### Meet our postdocs

As we observe National Postdoc Appreciation Week (NPAW), we shine a spotlight on a sampling of our postdocs and their experience as researchers at UTSW.

Professionally, their work touches on everything from radiation safety, seafood-borne gastroenteritis, and immune responses to cardiac disease and alterations in the nuclear envelope. Their Q&As also reveal a bit about their off-the-clock time (you'll find several runners and a guitarist/ukulele player), as well as what they enjoy most about the postdoc experience at UT Southwestern.

As a reminder, the Postdoc Association is hosting NPAW events all week. For more information about the events this week, email the [Postdoctoral Office](#).

[Postdoc Q&As](#)



### Help us reach 3,000 walkers!

The [Dallas Heart Walk](#) is just days away, and we have more than 2,500 people registered to walk together this Saturday, Sept. 23, at the largest Heart Walk in the nation. Our goal is to hit 3,000. We encourage you to join the event, which funds lifesaving cardiovascular research and heightens awareness of heart disease and stroke. You can participate by joining [a UTSW team](#) or registering as an [individual walker](#).

The opening ceremony is at 8:30 a.m., and the walk will start around 9 a.m. at the [base of Reunion Tower](#) (692 Sports St., Dallas). Be sure to show up by 8:15 a.m. for our annual group photo, to be taken near the UTSW tent.

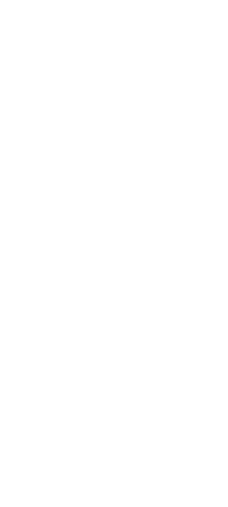
We look forward to seeing everyone in their blue T-shirts on Saturday!

[Info and registration](#)



### Survey says!

In a previous issue of *UTSW Insider*, we asked you how many Dallas Heart Walks you've participated in. Of those who responded to our poll question, here's what you told us.



### UTSW Events Calendar

Looking for your daily dose of happenings? Check out the UTSW Events Calendar, which is updated every day.

[Click to view upcoming or trending events](#)

[Share Your 'Insider' Suggestions](#)