

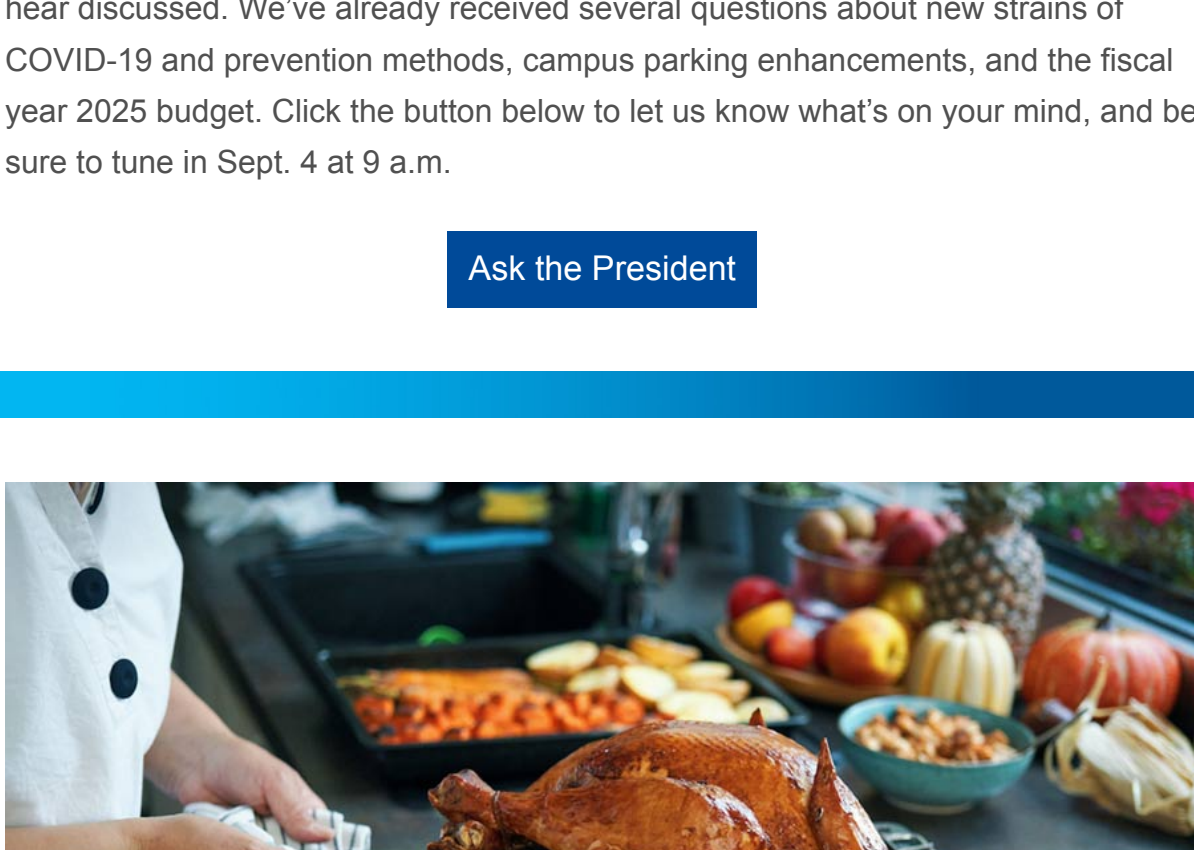
Theft prevention tips

According to the Texas Department of Public Safety, theft in 2022 amounted to more than \$2 billion in losses statewide. The UT Southwestern Police Department has some helpful information to protect property both on and off campus:

- The No. 1 piece of advice is to never leave items of value unattended. Take them with you, even if you are on campus and only stepping away briefly. Remember, if you do not want to lose it, secure it!
- Set up fraud alerts for your credit and debit cards to inform you when suspicious transactions occur. If a fraud alert indicates a problem, freeze your credit cards immediately to be extra safe. In addition, avoid keeping all your credit/debit cards on you – just the ones you use frequently.
- Record the serial numbers of your expensive electronics. They can be entered into a nationwide database and might help you recover an item if it is sold by a thief. Also, take pictures of your valuable items for additional evidence of ownership.
- If you have an office on campus, even one that can be locked, always lock your valuables in a desk drawer and never leave them unattended.
- Be aware of your surroundings and use the [Safety Connection app](#) to quickly connect with UTSW police on campus.

If you have questions or need more information, [email](#) UTSW Police Officer Jia Wu.

[UTSW Police Department website](#)

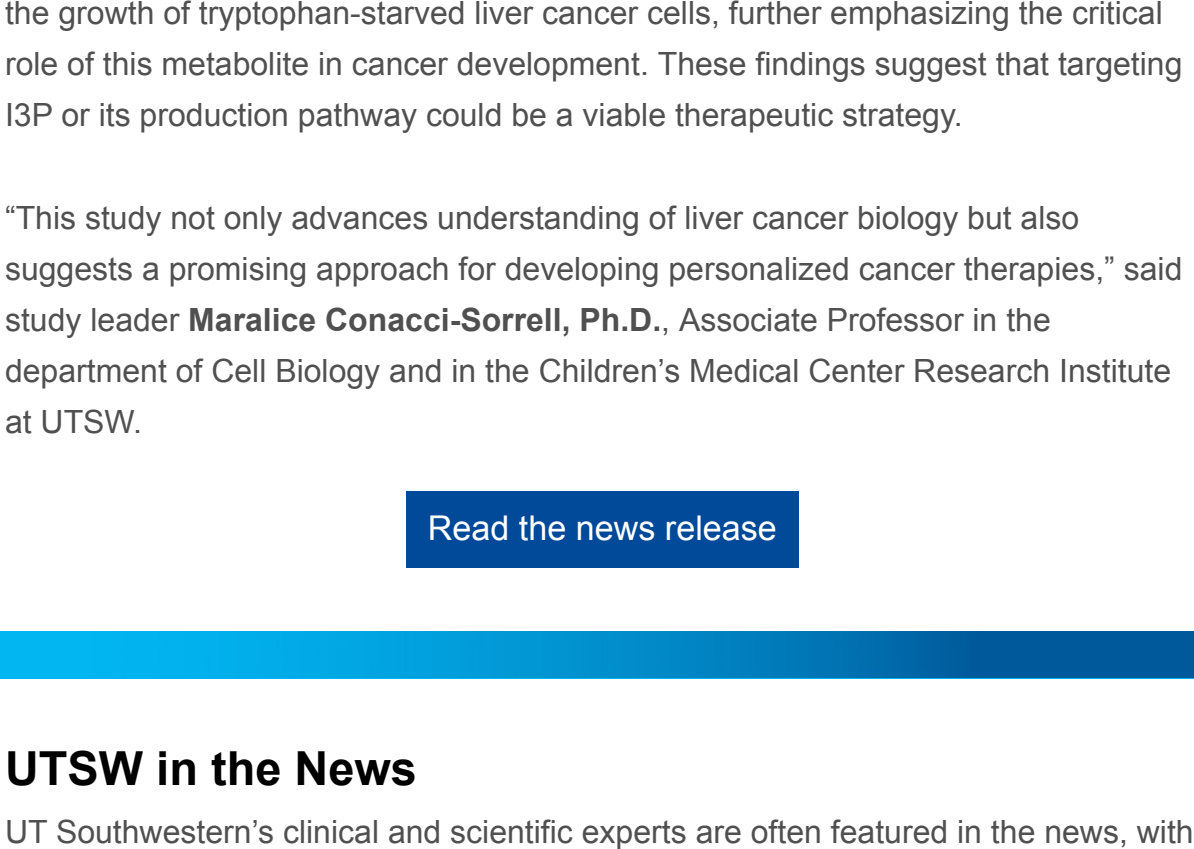


Get your questions ready!

Mark your calendars for 9 a.m. Wednesday, Sept. 4, when UT Southwestern President **Daniel K. Podolsky, M.D.**, will host his next quarterly campus briefing.

Employees, faculty, and learners are encouraged to share topics you would like to hear discussed. We've already received several questions about new strains of COVID-19 and prevention methods, campus parking enhancements, and the fiscal year 2025 budget. Click the button below to let us know what's on your mind, and be sure to tune in Sept. 4 at 9 a.m.

[Ask the President](#)



New research links tryptophan intake with liver cancer

Can a diet free of the amino acid tryptophan – commonly found in turkey, red meat, pork, chicken, tofu, milk, soybeans (including edamame), quinoa, oats, and fish – halt the growth of liver cancer? That's a question UT Southwestern researchers are exploring.

Their findings offer new insights for dietary-based cancer treatments and highlight the critical role of the tryptophan metabolite indole 3-pyruvate (I3P) in liver tumor development. Their study shows that growth of liver cancers driven by the *MYC* oncogene is particularly dependent on tryptophan, which is converted into I3P as well as other metabolites. They also found that supplementation with I3P restored the growth of tryptophan-starved liver cancer cells, further emphasizing the critical role of this metabolite in cancer development. These findings suggest that targeting I3P or its production pathway could be a viable therapeutic strategy.

"This study not only advances understanding of liver cancer biology but also suggests a promising approach for developing personalized cancer therapies," said study leader **Maralice Conacci-Sorrell, Ph.D.**, Associate Professor in the department of Cell Biology and in the Children's Medical Center Research Institute at UTSW.

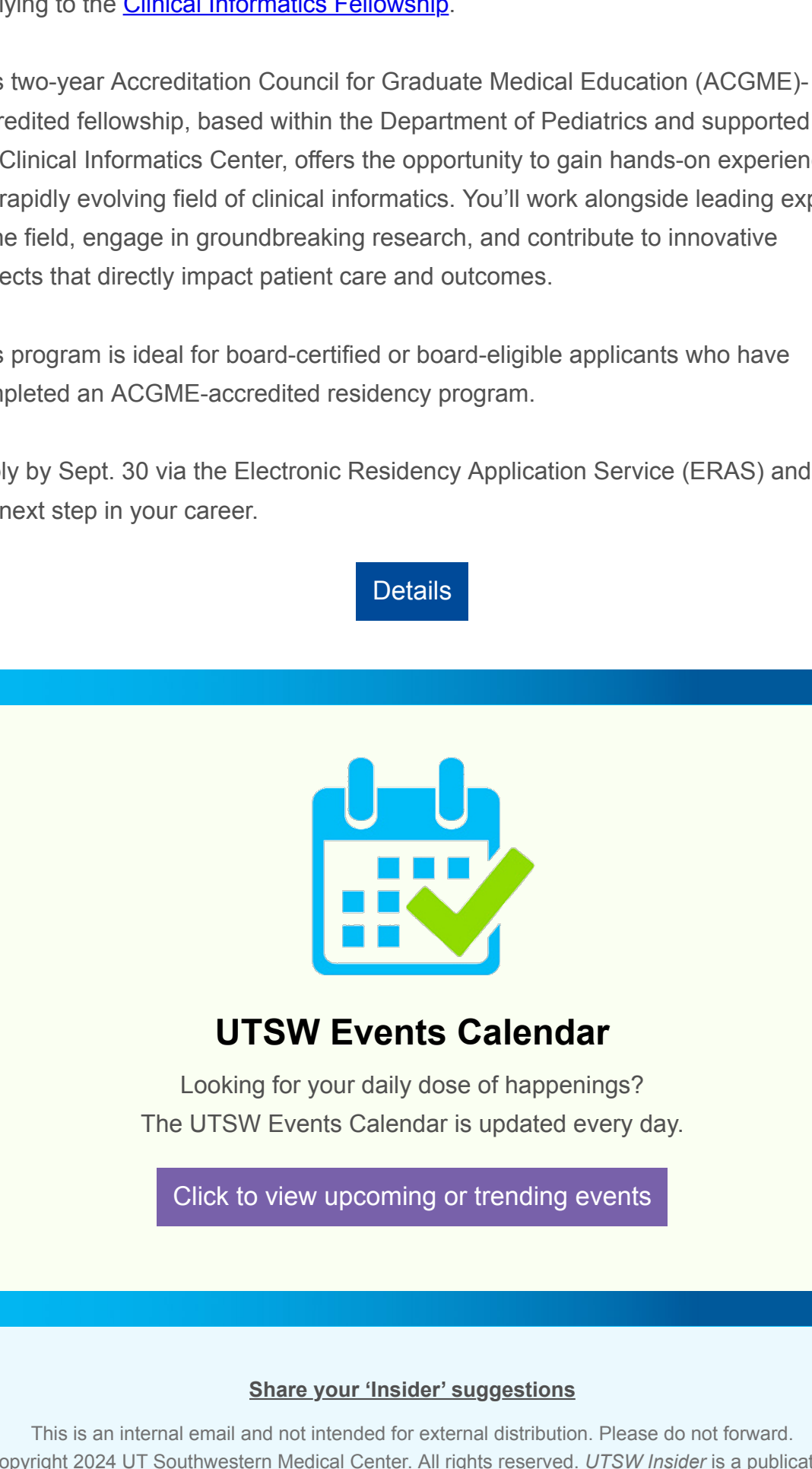
[Read the news release](#)

UTSW in the News

UT Southwestern's clinical and scientific experts are often featured in the news, with media outlets turning to us for our insights and perspectives. "UTSW in the News" highlights some of those stories:

FOX 4 Dallas-Fort Worth

[How should schools handle cell phones? North Texas districts addressing issue in different ways](#)



As concerns grow about how phone use can distract students and reduce classroom engagement, FOX 4 News spoke with **Jasmine Ghannadpour, Ph.D.**, Assistant Professor of Psychiatry at UT Southwestern and pediatric psychologist at Children's Health, for advice.

"What we know is if they have their cell phone in school, they're just going to have more screen time throughout the day. And what we see from a psychological perspective is that the more screen time kids have, the more we see things like depression, poor self-image – they're being impacted by the things they see online," Dr. Ghannadpour said.

Discover in the article our expert's recommendations, including her advice to limit screen time to no more than two hours a day.

[Read the full story](#)



Take a step into clinical informatics

Are you a physician eager to shape the future of clinical informatics? Consider applying to the [Clinical Informatics Fellowship](#).

This two-year Accreditation Council for Graduate Medical Education (ACGME)-accredited fellowship, based within the Department of Pediatrics and supported by the Clinical Informatics Center, offers the opportunity to gain hands-on experience in the rapidly evolving field of clinical informatics. You'll work alongside leading experts in the field, engage in groundbreaking research, and contribute to innovative projects that directly impact patient care and outcomes.

This program is ideal for board-certified or board-eligible applicants who have completed an ACGME-accredited residency program.

Apply by Sept. 30 via the Electronic Residency Application Service (ERAS) and take the next step in your career.

[Details](#)



UTSW Events Calendar

Looking for your daily dose of happenings?
The UTSW Events Calendar is updated every day.

[Click to view upcoming or trending events](#)

Share your 'Insider' suggestions

This is an internal email and not intended for external distribution. Please do not forward. Copyright 2024 UT Southwestern Medical Center. All rights reserved. *UTSW Insider* is a publication of Communications, Marketing, and Public Affairs (CMPA) at UT Southwestern Medical Center.