

Heart Walk 2024 on the horizon

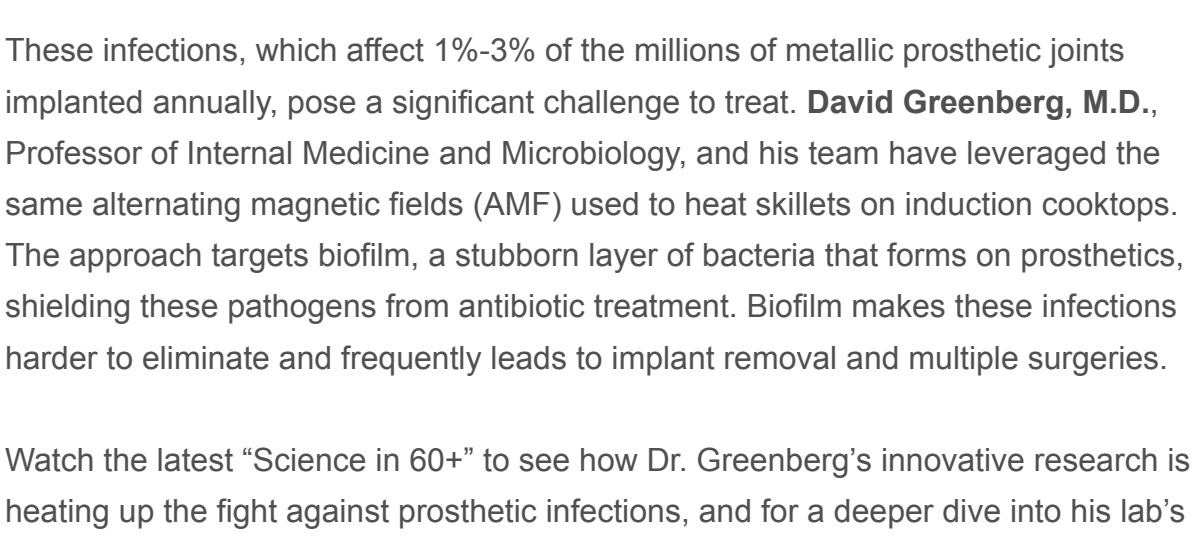
Are you ready to walk for better heart health? On Saturday, Sept. 21, join thousands of your colleagues downtown at the base of Reunion Tower for the 2024 Dallas Heart Walk. Millions more walkers will be participating nationwide.

Every year, UT Southwestern teams up with the American Heart Association to promote breakthrough science that saves lives. Money raised during the walk benefits heart disease and stroke patients and funds critical research at UTSW and beyond.

Join or create a UTSW team or walk as an individual with the "Original UTSW Individual Walkers Team." There are 1- and 3-mile options, and the event is family friendly. If you can't join us downtown, you can participate virtually via the Heart Walk app (available for iOS and Android).

As always, there will be a Heart Walk T-shirt, so make sure you register online to receive yours while supplies last. For details on how to get your shirt, along with heart-healthy tips and recipes, visit the [UTSW Heart Walk page](#).

[Details](#)



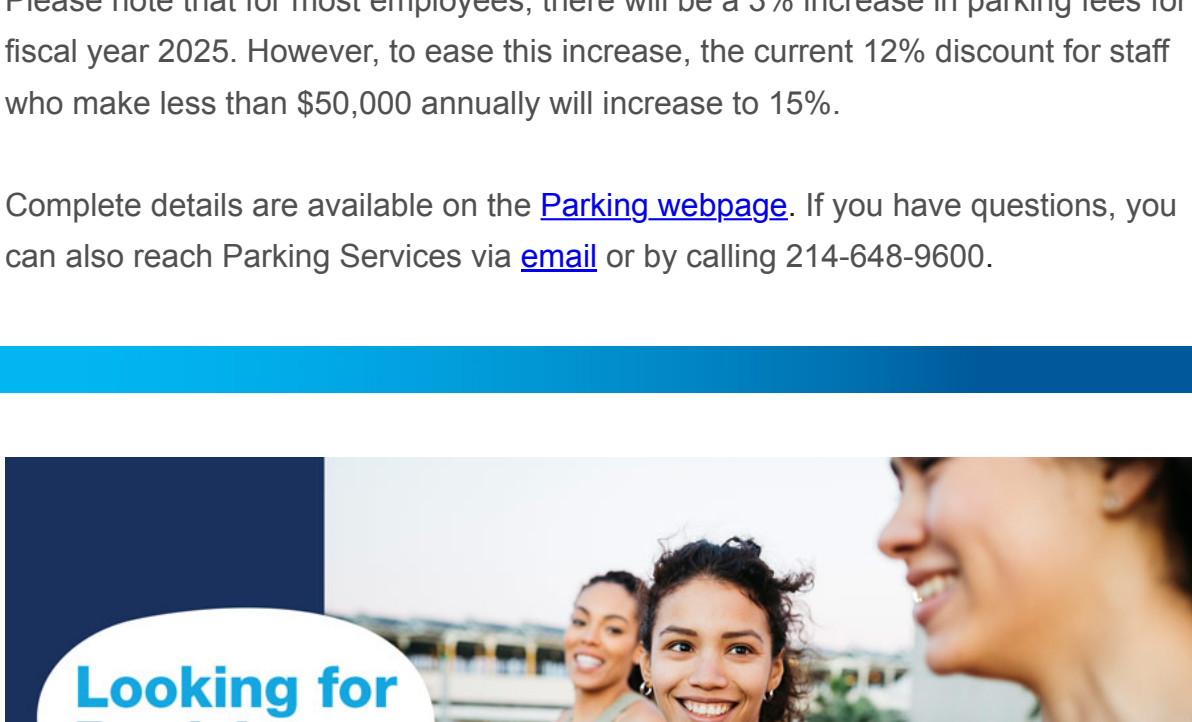
Science in 60+: Mag-neato discovery!

Did you know the same technology that powers a kitchen induction cooktop could also help combat prosthetic joint infections?

These infections, which affect 1%-3% of the millions of metallic prosthetic joints implanted annually, pose a significant challenge to treat. **David Greenberg, M.D.**, Professor of Internal Medicine and Microbiology, and his team have leveraged the same alternating magnetic fields (AMF) used to heat skillets on induction cooktops. The approach targets biofilm, a stubborn layer of bacteria that forms on prosthetics, shielding these pathogens from antibiotic treatment. Biofilm makes these infections harder to eliminate and frequently leads to implant removal and multiple surgeries.

Watch the latest "Science in 60+" to see how Dr. Greenberg's innovative research is heating up the fight against prosthetic infections, and for a deeper dive into his lab's work, visit [UTSW's newsroom](#).

[Watch the video](#)



Register or renew parking for fiscal year 2025

Employees, faculty, and students who park on campus must have their vehicles registered annually with Parking Services. If you already have a permit paid via payroll deduction, it will automatically renew, and no action is required on your part.

Parking permits that are not currently set up through payroll deduction must be renewed. To make certain that you have active parking beginning Sept. 1, visit the [Parking Portal](#) or one of the [parking offices on campus](#).

Please note that for most employees, there will be a 3% increase in parking fees for fiscal year 2025. However, to ease this increase, the current 12% discount for staff who make less than \$50,000 annually will increase to 15%.

Complete details are available on the [Parking webpage](#). If you have questions, you can also reach Parking Services via [email](#) or by calling 214-648-9600.



Join the study: Help uncover how hormonal shifts impact injury risk

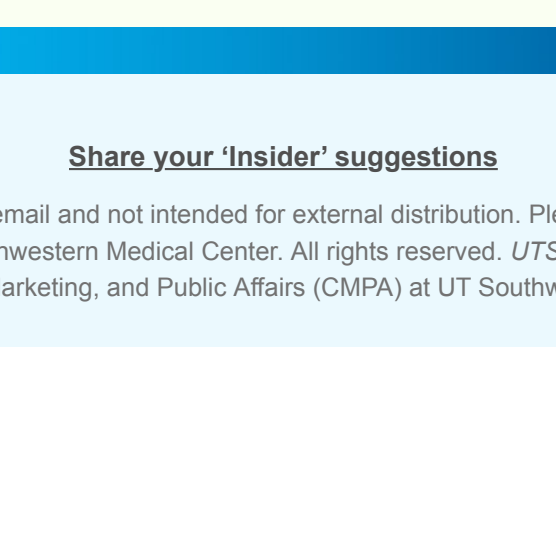
Researchers in the lab of **Yasin Dhaher, Ph.D.**, are looking for individuals ages 18-39 who exercise fewer than seven hours per week for a study investigating whether hormonal changes contribute to increased injuries in women – specifically how female sex hormones affect skeletal muscle characteristics and function. (Users of oral contraceptive pills are acceptable for participation.)

The study, to be performed in the Aston Building, includes up to two exercise visits in which participants will complete a downhill walk on a treadmill and have their blood drawn four times.

If you are interested in participating, please fill out the screening survey linked below. Questions? Contact study coordinator [Luis Rodriguez](#).

[Screening survey](#)

Insider Guide



Health Equity Speaker Series

Noon-1 p.m., Aug. 21

Virtual

Join the Internal Medicine Health Equity Committee for the final presentation of its summer lecture series with **Stephanie Nguyen, D.O.**, a family medicine staff physician at Parkland Health. Dr. Nguyen, a former Chief Resident at UT Southwestern, focuses on improving health outcomes by addressing the social determinants of health. She will speak about refugee health care at Parkland.

[Details](#)



Chart reviews? Explore modern techniques for data access

Noon-1 p.m., Aug. 27

Virtual

The Clinical and Translational Science Award (CTSA) Program is sponsoring this didactic session, featuring **Mujeeb Basit, M.D.**, Associate Professor in Internal Medicine, who will speak about identifying common uses of electronic medical records (EMR), pinpointing resources for analyzing big data sets, and leveraging EMR for research projects. Registration required.

[Info and register](#)



UTSW Events Calendar

Looking for your daily dose of happenings?

The UTSW Events Calendar is updated every day.

[Click to view upcoming or trending events](#)

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