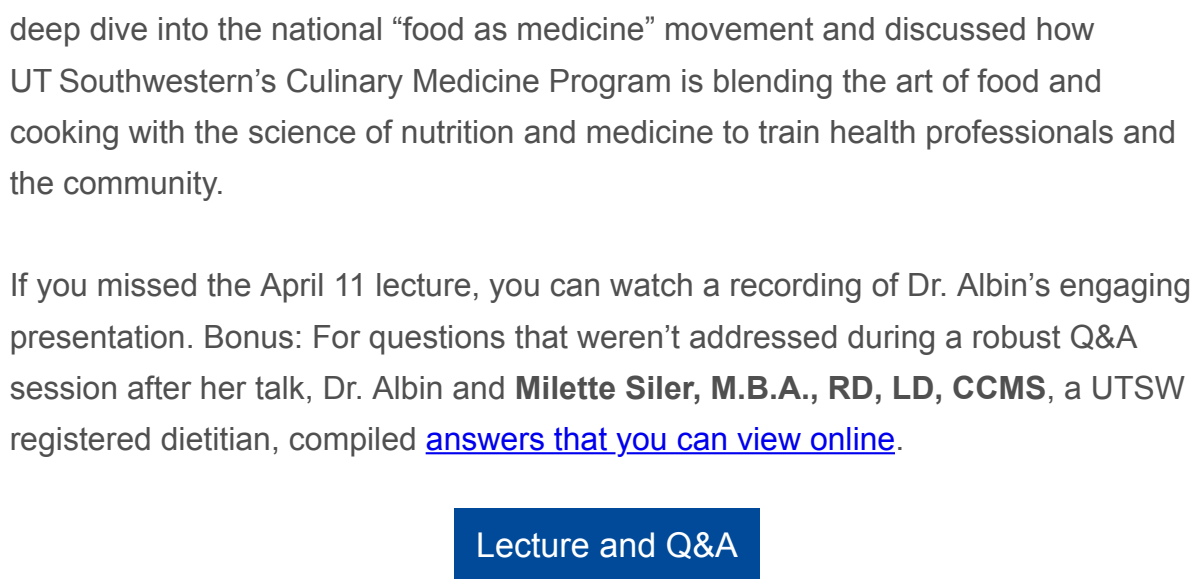


### UTSW certified by Arbor Day Foundation Program

UT Southwestern has again been certified as an official [Tree Campus Healthcare Facility](#) by the Arbor Day Foundation Program. We are one of only 35 health care facilities in the country – and one of only two in Texas – to receive this distinction, which recognizes health institutions that make a unique alignment impact on community wellness through tree education and investment and demonstrate a commitment to environmental stewardship, sustainability, and community engagement.

This is quite an achievement when you consider the UTSW Landscape Services department maintains 2,967 trees campuswide, spanning 98 species, which include live oak, bald cypress, cedar elm, and a rare upright English oak. The department also has a robust replanting program with the goal of planting a replacement tree for any tree that is lost.

Well done, UTSW Landscape Services!



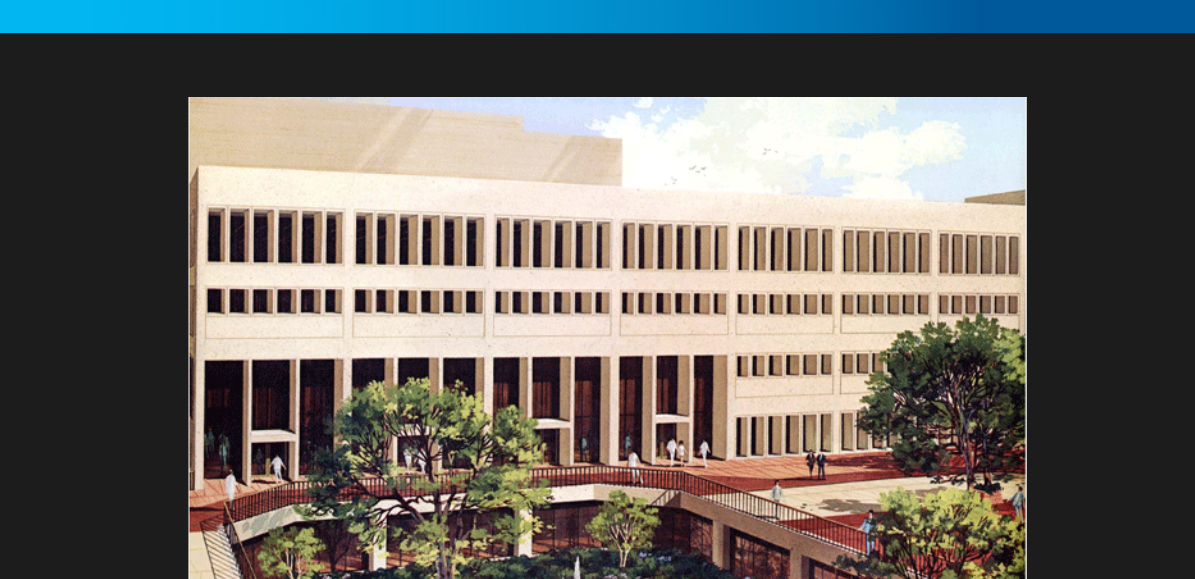
### #ICYMI: 'A Delicious Antidote: The Current & Future Landscape of Food as Medicine'

At the latest President's Lecture, **Jaclyn Albin, M.D., CCMS, DipABLM**, took a deep dive into the national "food as medicine" movement and discussed how UT Southwestern's Culinary Medicine Program is blending the art of food and cooking with the science of nutrition and medicine to train health professionals and the community.

If you missed the April 11 lecture, you can watch a recording of Dr. Albin's engaging presentation. Bonus: For questions that weren't addressed during a robust Q&A session after her talk, Dr. Albin and **Milette Siler, M.B.A., RD, LD, CCMS**, a UTSW registered dietitian, compiled [answers that you can view online](#).

Lecture and Q&A

*On-campus network connection or VPN required.*



### Thank an administrative professional today!

UT Southwestern's administrative professionals are consummate problem solvers and organizational wizards. They embody efficiency, grace under pressure, and attention to detail. They are the wheels on the bus of UTSW: Without their skills, compassion, and ingenuity, we wouldn't be able to move forward.

Today is Administrative Professionals Day, and we encourage you to take a moment to share a heartfelt thank-you to these vital players on your own teams.

In gratitude for all you do, here's to you, administrative professionals!



### This month in UTSW history

In April 1968, after only 10 months on the job, UT Southwestern Dean **Charles C. Sprague, M.D.**, forever changed the course of history for the Medical School.

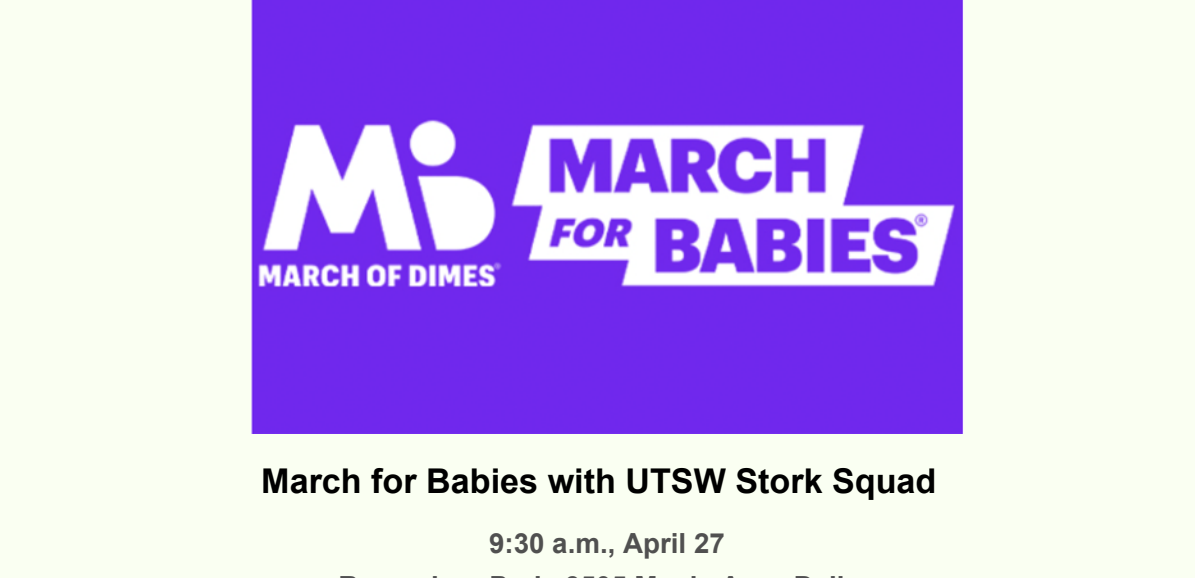
Dr. Sprague proposed to the UTSW Board of Regents an ambitious idea to develop a vibrant, comprehensive medical and life sciences center. This \$40 million building expansion was unprecedented at the time in Texas.

His blueprint for this new future transformed what was then a school that consisted of three small academic buildings attached to Parkland Memorial Hospital. Designed to double enrollment and triple the campus space for research and patient care facilities, the seeds Dr. Sprague planted three years earlier began to sprout in May 1971 as construction started on what would grow into the Fred F. Florence Bioinformation Center, the Tom and Lula Gooch Auditorium, the Cecil H. and Ida Green Science Center for Reproductive Biology Sciences, the Eugene McDermott Academic Administration Building, and Eugene McDermott Plaza.

Dr. Sprague would later go on to become UTSW's first president in 1972. His foresight and ability to build consensus positioned UTSW for future greatness as one of the leading medical institutions in the nation.

To see more concept art of his vision (like the above), visit [@utswarchives](#) on [Instagram](#) or [Twitter](#) and give them a follow!

*The image above, courtesy of the UTSW Special Collections Library and Archives, comes from a 1972 booklet showcasing the goals and recent development on campus, which at the time was named the University of Texas Health Science Center at Dallas.*



### Let's go, Mavs! Score free playoff tickets

The Dallas Mavericks are in Round 1 of the playoffs, and we're excited to offer UTSW employees a chance to root for our NBA partners at a home playoff game.

**Today at 3 p.m.**, use the link below and you could score four free tickets and a parking pass to one of the games (April 26 and 28) at American Airlines Center. Game 6 of the best-of-seven series, slated for May 3, will be played only if necessary, so please be aware that tickets to that game are not transferrable or guaranteed. You will, however, have another opportunity to enter a ticket drawing if the Mavs advance to Round 2.

Free tickets for employees are very limited and will be available on a first-come, first-served basis. Discounted tickets are not being offered for playoff games.

UT Southwestern is the Official Health Care Partner of the Dallas Mavericks. Find more playoff details at [Mavs.com](#).

Tickets

### COVID-19: Latest Clements University Hospital (CUH) and campus numbers

#### UTSW COVID-19 Census Update (CUH)

April 23, 2024	COVID-19 Hospitalizations March 2020 – Present	
Non-ICU	5	
ICU	1	
<b>Total in CUH</b>	<b>6</b>	

#### UTSW COVID-19 Cases (Campus)

Source of Infection	Week of 4/5 - 4/18	Cumulative Total 3/1/20 - 4/18/24
Off Campus (Community)	5	14,803
Campus	0	355
Pending Source of Infection	0	0
<b>Total</b>	<b>5</b>	<b>15,158</b>

### Research Highlights

#### Oral contraceptive use may reduce muscle-tendon injuries

A new study suggests that women using oral contraceptives might have a reduced risk of certain musculoskeletal injuries compared to non-users, highlighting the potentially protective effects of stable hormone levels and providing insights into hormone imbalances and musculoskeletal health in both genders.

#### Unraveling the mystery of misfolded proteins in the brain

Researchers have identified a crucial feature for the proper functioning of oligomeric chaperones, which play a vital role in suppressing the formation of misfolded proteins associated with various degenerative and neurodegenerative conditions.

### Insider Guide



#### March for Babies with UTSW Stork Squad

9:30 a.m., April 27

Reverchon Park, 3505 Maple Ave., Dallas

Be part of the UTSW Stork Squad at the March of Dimes' annual March for Babies. This meaningful walk supports research and programs to prevent preterm birth, birth defects, and infant mortality. Register and join UTSW's Neonatal-Perinatal Medicine team for a fun morning outdoors. Questions? Contact [Madison McEwen](#).

Details



### UTSW Events Calendar

Looking for your daily dose of happenings?  
The UTSW Events Calendar is updated every day.

Click to view upcoming or trending events

#### Share your 'Insider' suggestions

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