



Little hands, big hearts: Biomedical Preparatory spreads love at CUH

Armed with glitter, glue, and an abundance of love, second-graders at Biomedical Preparatory at UT Southwestern embarked on a mission to create Valentine's Day cards for patients and staff at Clements University Hospital (CUH). The annual event, coordinated by the school's Parent Teacher Organization, invited students from all grade levels to participate in this special project and unleash their creativity.

Explore the delightful photo gallery linked below to see how the children, guided by their art teacher, turned ordinary cards into vibrant expressions of care and compassion. These messages not only bring joy to our patients and staff but also instill in our young learners the significance of serving others.

Looking for even more cuteness? Watch this [video](#) of the kids answering the question: "Who's your valentine?"

[View photo gallery](#)

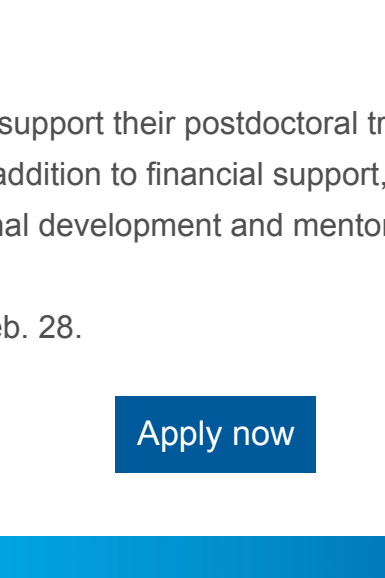
Graduate student named Kirkpatrick Award recipient for immunology research

Congratulations to **Devon Jeltema**, winner of the 2023 William F. and Grace H. Kirkpatrick Award.

Ms. Jeltema, a graduate student in the Yan lab, was selected for her grant application on her research into the enzyme PARP7, a key regulator of a pathway that controls the immune system in infections, cancer, and autoimmune diseases. The Kirkpatrick Award is presented annually to a UTSW Graduate School of Biomedical Sciences student who submits the most scientifically meritorious National Institutes of Health (NIH) fellowship or equivalent grant application during the prior academic year as judged by the Graduate School Awards Committee.

"I have never met a more creative person than Devon," said **Nan Yan, Ph.D.**, her mentor and a Professor of Immunology and Microbiology at UTSW. "With her curiosity and creativity, I think she will be a successful principal investigator someday."

Discover more about Ms. Jeltema and her research in [Center Times Plus](#).



Howard Hughes Medical Institute Hanna H. Gray Fellows Program

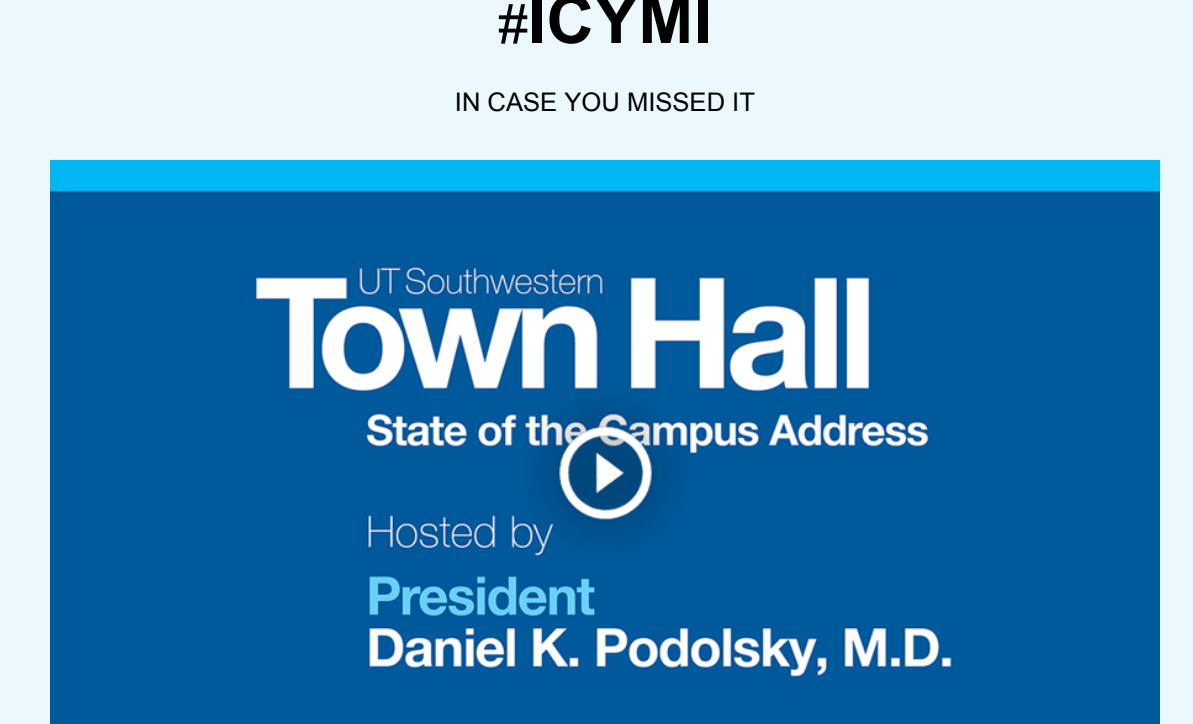
Become an HHMI Hanna Gray Fellow

Applications are open for the Hanna H. Gray Fellows Program, which is designed to recruit and retain early-career scientists to become leaders who inspire, train, and mentor future generations.

Fellows receive funding to support their postdoctoral training and their early years as independent faculty. In addition to financial support, they gain valuable opportunities for professional development and mentorship.

The deadline to apply is Feb. 28.

[Apply now](#)



Calling all walkers for the annual Step-a-Thon!

Not that you *need* extra incentive to put your best foot forward during this year's Step-a-Thon challenge, but the big prize is pretty cool: Lunch with **Jonathan Efron, M.D.**, UTSW's new Executive Vice President for Health System Affairs.

So, stretch those hamstrings and start walking Saturday to kick off the Step-a-Thon challenge, which runs through Monday, Feb. 19. To participate, just track your steps with your app of choice. The three winners with the most total steps over the holiday weekend will win lunch with Dr. Efron.

To enter the challenge:

- Track your steps, take screenshots of your totals, and email your three-day tally to heart@utsouthwestern.edu.
 - Add to the fun by sending selfies or photos of you and your fellow steppers.
 - Submit your final numbers and photos **no later than 9 p.m. Monday, Feb. 19.**
- Note: Screenshots of steps must be included to be eligible to win.**

Get some last-minute steps in and keep your heart strong by walking with colleagues Feb. 19 at 5:30 p.m. The group will meet at the UTSW-sponsored Fitness Center on the south end of the Katy Trail near Victory Overlook.

[Heart Month activities](#)

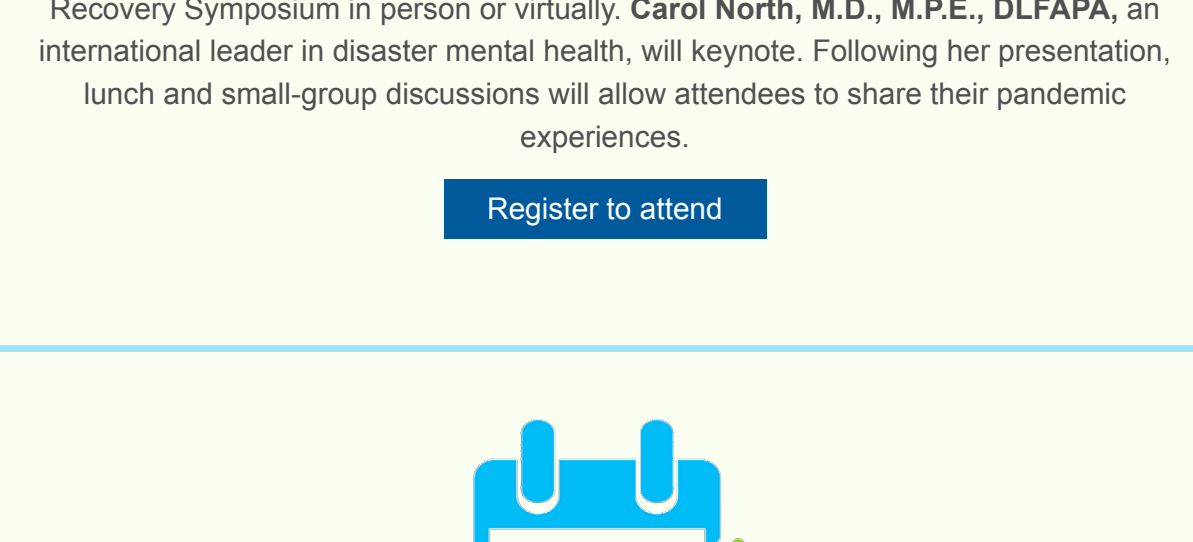
#ICYMI

IN CASE YOU MISSED IT



During Thursday's Town Hall and State of the Campus Address, UT Southwestern President **Daniel K. Podolsky, M.D.**, highlighted plans for a 33-acre pediatric campus in collaboration with Children's Health and discussed UTSW's commitment to safety and wellness through initiatives such as SAFE and Headspace. He also addressed questions about institutional finances and took questions from the audience alongside the Executive Vice Presidents.

[Watch the video \(on-campus network connection or VPN required\)](#)



UTSWMyCare app celebrates 2-year anniversary

On Friday, the [UTSWMyCare app](#) will mark the second anniversary of its launch. The app has more than 225,000 downloads so far and has been used 1.7 million times!

We're also proud to share that UTSWMyCare remains among the highest-rated health care system apps in the country, based on star ratings in the app stores.

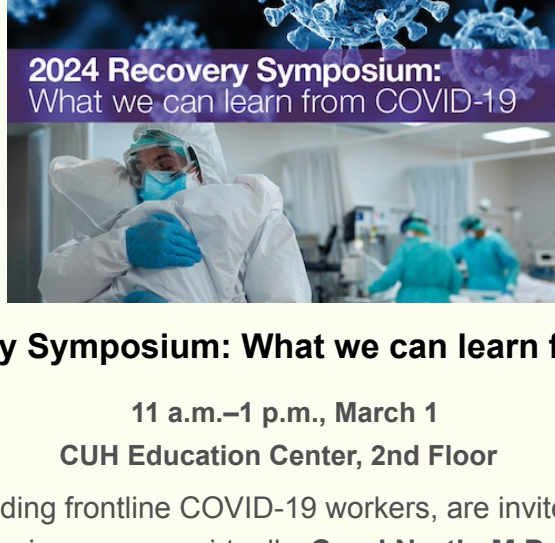
Whether you're a provider or a patient yourself, we hope you continue to use and encourage others to download this valuable resource.

As a reminder, the app's convenient features include quick, easy access to MyChart, appointment management, video visits, test results, prescription renewals, and more. Other useful tools built into the app:

- Wayfinding around most UTSW clinical sites
- Provider finder
- Location search
- Driving directions and connection with ride sharing app

Download the app in the [Apple App Store](#) or from [Google Play](#).

Insider Guide



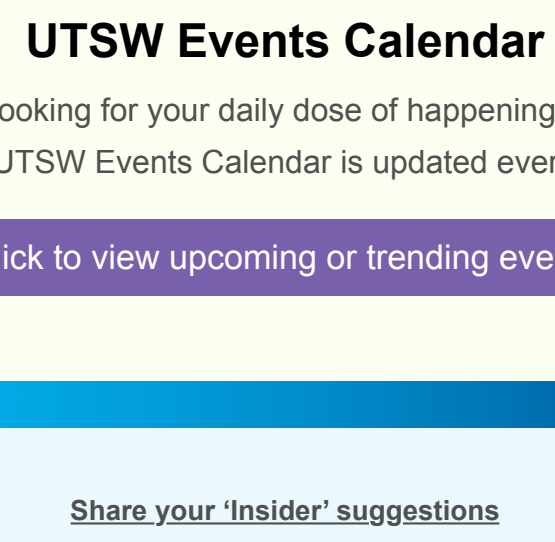
Introduction to Headspace

10–10:45 a.m., Feb. 20

Virtual

This virtual session will introduce the new Human Resources benefit, Headspace. Topics will include the Headspace content library, coaching, and therapy/psychiatry services. There will also be a demo of the Headspace app and instructions on how to sign up.

[Event details](#)



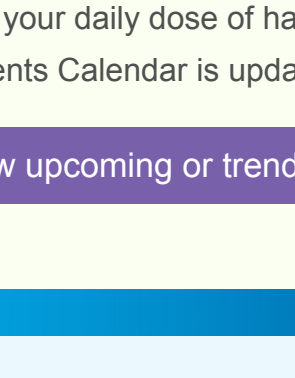
2024 Recovery Symposium: What we can learn from COVID-19

11 a.m.–1 p.m., March 1

CUH Education Center, 2nd Floor

All employees, including frontline COVID-19 workers, are invited to attend the 2024 Recovery Symposium in person or virtually. **Carol North, M.D., M.P.E., DLFAPA**, an international leader in disaster mental health, will keynote. Following her presentation, lunch and small-group discussions will allow attendees to share their pandemic experiences.

[Register to attend](#)



UTSW Events Calendar

Looking for your daily dose of happenings?
The UTSW Events Calendar is updated every day.

[Click to view upcoming or trending events](#)

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