

Headspace – a new employee support resource

As you may have heard by now, UT Southwestern has partnered with Headspace to enhance and expand services previously offered by our internal Employee Assistance Program (EAP). Headspace provides confidential mental health care to you and your dependents, as well as access to one-on-one coaching support, hundreds of mindfulness exercises, and video-based therapy and psychiatry services.

Over the coming weeks, Headspace and our Human Resources (HR) team will provide more information on navigating the services and tools. Use the button below to download the Headspace app and get started today!

If you have questions about this transition, please visit the FAQ on the [Employee Support website](#) or contact the HR Services Center at [214-648-9810](tel:214-648-9810) or by [email](#).

[Register with Headspace](#)

UT Southwestern
Town Hall
 State of the Campus Address

Hosted by
President Daniel K. Podolsky, M.D.

Submit questions for upcoming Campus Town Hall

Learn about new wellness initiatives, progress on institutional priorities, and upcoming expansion projects at the virtual Town Hall and State of the Campus address.

The event, hosted by UT Southwestern President **Daniel K. Podolsky, M.D.**, will take place Thursday, Feb. 8, from noon-1 p.m. After Dr. Podolsky's presentation, you are invited to engage in a live Q&A session with UTSW Executive Vice Presidents.

The Town Hall will be accessible via livestream, and a link will be provided prior to the event. If you cannot watch live, a recording will be available shortly afterward.

Submit your questions ahead of time to questions@utsouthwestern.edu.



Faculty: Demystify the promotion and tenure process

Are you a junior or midcareer faculty member looking for help navigating the promotion and tenure process? The [Office of Faculty Development](#) will host its annual [Demystifying the Promotion and Tenure Process Symposium](#) on Jan. 30 to help prepare faculty members for academic advancement. Department chairs, center directors, division chiefs, and faculty members who may be serving as mentors are also encouraged to join.

Mark your calendars for similar track-specific workshops this spring.

- Feb. 7: [Clinical Scholar Track Workshop](#)
- Feb. 16: [Clinician-Educator/Clinician Track Workshop](#)
- March 6: [Tenure-Accruing/Tenure Track Workshop](#)
- March 27: [Research Track Workshop](#)
- April 19: [Clinician-Educator/Clinician Track Workshop](#)



COI Statement submission period opens today

Each year, UT Southwestern faculty members, researchers, advanced practice providers, and others are required to complete a Conflict of Interest (COI) Statement of Financial Interests ("Statement"). The 2024 COI Statement submission period begins today, and **submissions must be completed by March 1.**

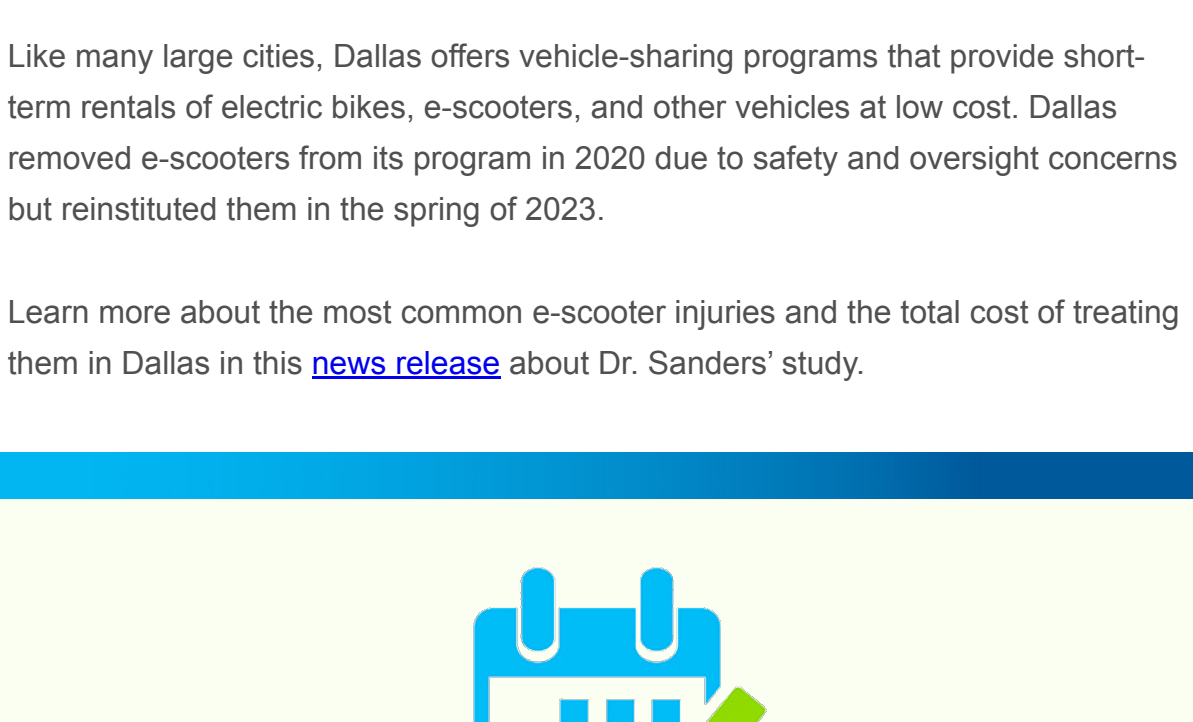
Announcement emails are sent to all individuals who are required to complete the annual COI Training and submit a 2024 COI Statement. If you do not receive an email to submit, no action is required.

A new COI software solution called the **COI-Info Portal** has replaced the previous system. This platform continues to make the COI Training module and COI Statement of Financial Interests available in one convenient location and is prepopulated with disclosures from 2023.

Please be on the lookout for these emails beginning today, and plan to complete your Statement by March 1.

If you have questions, [email the COI Office](#) or visit the [Conflict of Interest](#) page on the UTSW intranet (network or VPN required).

[Full details](#)



Upcoming road closure on Treadway Street

As you connect your commute, we want to make you aware that Treadway Street, which connects Harry Hines Boulevard and Forest Park Road on the north side of the former Paul M. Bass Administrative and Clinical Center, **will be closed starting in late March.** Crews are preparing the site for future clinical expansion. Until then, the road can continue to be used.

For questions, email [Real Estate Services](#).



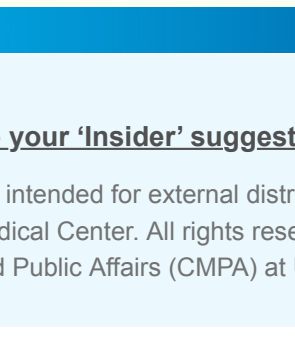
UTSW study: E-scooter injuries come at a cost

Electric scooters have become a fixture in busy downtowns around the country, but a UT Southwestern study published recently in the Journal of [Orthopaedic Business](#) found that e-scooters carry a significant risk of orthopaedic injuries and associated costs.

"E-scooters go up to 20 miles per hour, but people are allowed to ride them on sidewalks with no safety equipment. It's no surprise that many riders have had high-energy traumas, and their communities often absorb the cost," said **Drew Sanders, M.D., M.P.H.**, Associate Professor of [Orthopaedic Surgery](#) and Residency Program Director at UT Southwestern Medical School.

Like many large cities, Dallas offers vehicle-sharing programs that provide short-term rentals of electric bikes, e-scooters, and other vehicles at low cost. Dallas removed e-scooters from its program in 2020 due to safety and oversight concerns but reinstated them in the spring of 2023.

Learn more about the most common e-scooter injuries and the total cost of treating them in Dallas in this [news release](#) about Dr. Sanders' study.



UTSW Events Calendar

Looking for your daily dose of happenings?
 The UTSW Events Calendar is updated every day.

[Click to view upcoming or trending events](#)

Share your 'Insider' suggestions

This is an internal email and not intended for external distribution. Please do not forward.
 Copyright 2024 UT Southwestern Medical Center. All rights reserved. UTSW Insider is a publication of Communications, Marketing, and Public Affairs (CMPA) at UT Southwestern Medical Center.