



Keynote speaker:
Michael J. Sorrell, Ed.D.
 President of Paul Quinn College

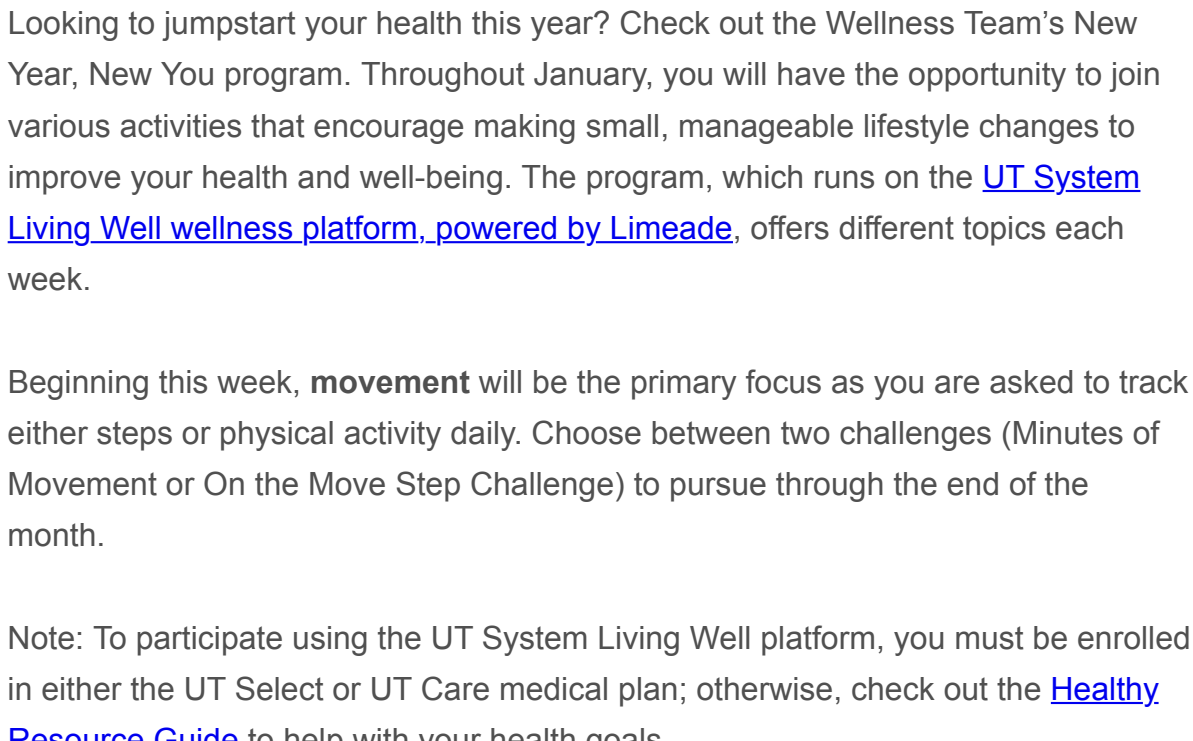
You're invited: MLK Commemorative Celebration

Join the UT Southwestern community at noon Wednesday, Jan. 17, for the annual Martin Luther King Jr. Commemorative Celebration, which will feature a keynote address by **Michael J. Sorrell, Ed.D.**, President of Paul Quinn College. Dr. Sorrell was named one of the World's 50 Greatest Leaders by *Fortune* for his innovative and effective approach to transforming higher education.

The event, hosted by the Office of Institutional Opportunity and the Office of Student Empowerment and Engagement, will also include a musical performance by UT Southwestern medical students, remarks by UTSW President **Daniel K. Podolsky, M.D.**, and an award ceremony honoring the student recipients of the Martin Luther King Jr. Scholarship for Community Service.

A reception follows this signature event on South Campus in D1.700. Register to attend either in person or virtually using the link below.

[MLK Commemorative Celebration](#)



Annual 'New Year, New You' challenges help with health and fitness goals

Looking to jumpstart your health this year? Check out the Wellness Team's New Year, New You program. Throughout January, you will have the opportunity to join various activities that encourage making small, manageable lifestyle changes to improve your health and well-being. The program, which runs on the [UT System Living Well wellness platform, powered by Limeade](#), offers different topics each week.

Beginning this week, **movement** will be the primary focus as you are asked to track either steps or physical activity daily. Choose between two challenges (Minutes of Movement or On the Move Step Challenge) to pursue through the end of the month.

Note: To participate using the UT System Living Well platform, you must be enrolled in either the UT Select or UT Care medical plan; otherwise, check out the [Healthy Resource Guide](#) to help with your health goals.

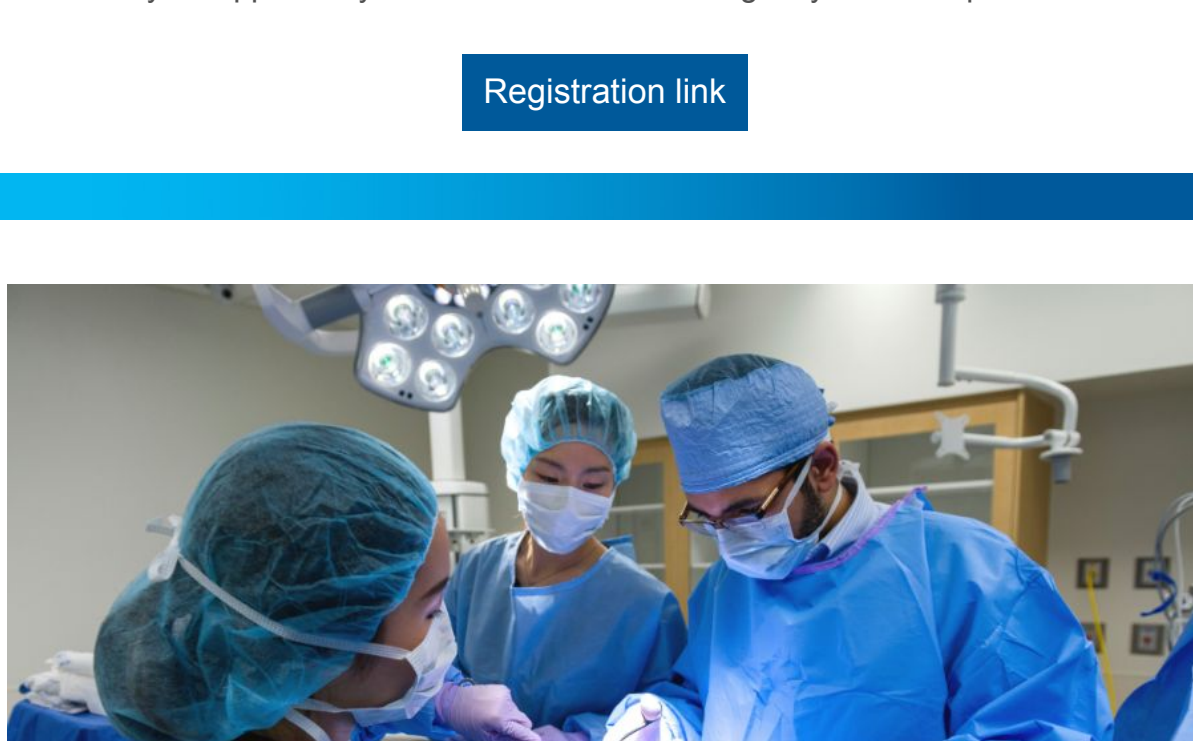
[Learn more](#)



Survey says!

In last Wednesday's issue of *UTSW Insider*, we asked how many of you were participating in Dry January.

Of those who responded to our poll question, here's what you told us.



New funding opportunities for biomedical researchers

The Advanced Research Projects Agency for Health ([ARPA-H](#)), a new federal agency, is seeking to fund high-potential, high-impact biomedical and health research proposals that aim to improve health outcomes for all. Dallas was selected as one of three national hubs for the new agency, which has a budget of \$1.5 billion in research funding that needs to be awarded in the next two years.

Investigators can apply for funding through March 14 via the [Broad Agency Announcement](#) or respond to one of the posted [research programs](#) already launched by ARPA-H.

If you'd like to learn more about funding opportunities, Craig Gravit, Director of ARPA-H's Project Accelerator Transition Innovation Office, will host an information session **Jan. 17 at 2 p.m.** This virtual event will offer the UT Southwestern community an opportunity to learn more about the agency and ask questions.

[Registration link](#)



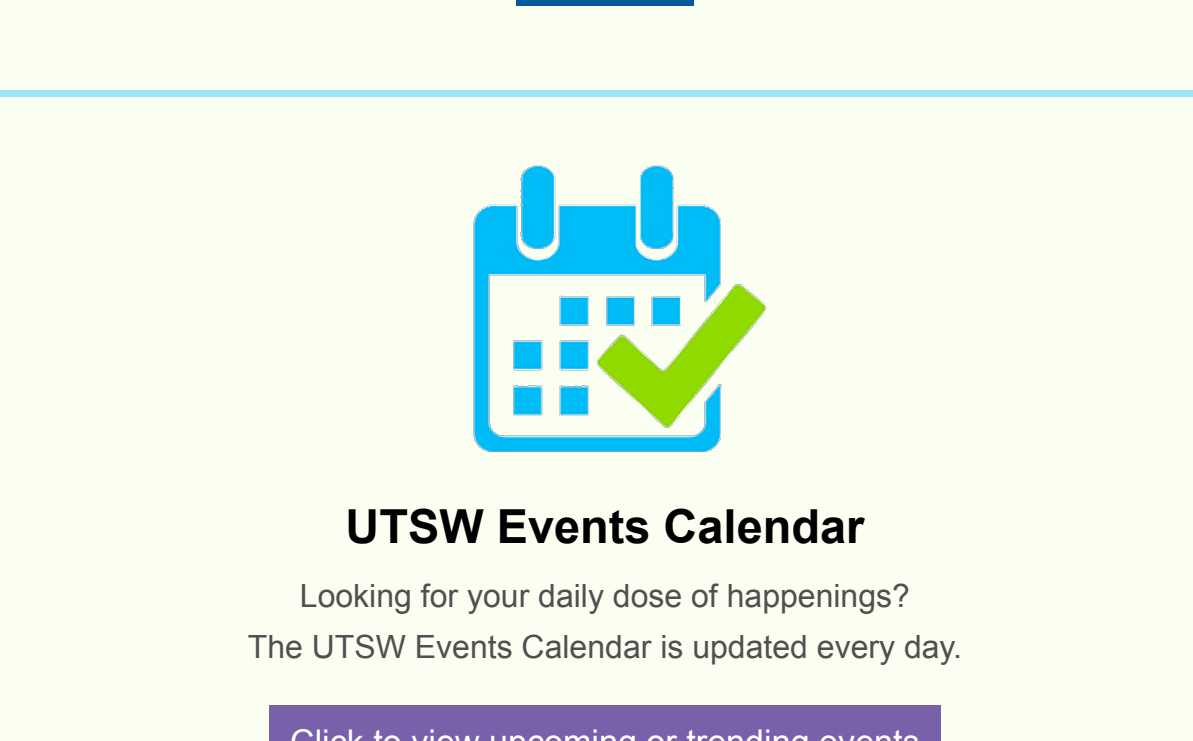
Simulation Forum: Call for abstracts and emerging ideas

UT Southwestern clinical and research community members and others are invited to submit abstracts and emerging ideas for the UT Southwestern Charles Morris Ginsburg Simulation-Based Medical Quality Improvement and Research Forum. The forum is designed to bring together individuals from an array of backgrounds, all with a common interest in health care simulation, quality improvement, and research. The event will include poster and oral presentations, and there will also be opportunities for mentorship of new ideas under development with the Emerging Ideas section.

All materials for this year's forum are due **Jan. 26**.

For more information, including how to submit an abstract and emerging ideas, use the link below.

[Simulation Forum details](#)



Vote for CUH as Best Hospital to Have a Baby

At William P. Clements Jr. University Hospital (CUH), expectant and new moms not only receive expert care but also enjoy chef-prepared meals, spacious rooms, and high-tech labor and delivery suites, which is probably why UT Southwestern has been nominated as one of the Best Hospitals to Have a Baby in *DFWChild's Best for Families 2024 survey*.

CUH has also been ranked the No. 1 hospital in Dallas-Fort Worth for seven consecutive years by *U.S. News & World Report*, and our Ob/Gyn team is among the top 50 in the nation.

If you'd like to fill out the *DFWChild* ballot, which also asks parents to weigh in on other local family-oriented favorites, voting continues through Jan. 31.

[Cast your vote](#)

Insider Guide



62nd Annual Medical Student Research Forum

3-6 p.m., Jan. 30
 Eugene McDermott Plaza and Lecture Halls (D), 1.700

This annual event, sponsored by **Rene Galindo, M.D., Ph.D.**, Associate Dean for Medical Student Research, and the Office of Medical Student Research, celebrates research conducted by UT Southwestern medical students. Selected students will present their research projects, followed by an address from keynote speaker **Denise Marciano, M.D., Ph.D.**, Associate Professor, Departments of Internal Medicine/Nephrology and Cell Biology.

[Details](#)



UTSW Events Calendar

Looking for your daily dose of happenings?
 The UTSW Events Calendar is updated every day.

[Click to view upcoming or trending events](#)

Share your 'Insider' suggestions

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