

Flu Season/COVID-19 Employees Grid

Symptoms	Stay at Home	If at Work When Symptoms Begin	Return to Work
<p style="text-align: center;">Fever</p> <p>Defined as temperature higher than 100.4 degrees Fahrenheit</p>	If your fever is higher than 100.4 Fahrenheit	<p>If your fever is > 100.4 F:</p> <ul style="list-style-type: none"> • Stop patient activities • Notify your supervisor • Go home 	When you have been fever free for 24 hours without taking fever reducing medication such as Tylenol or Motrin
<p style="text-align: center;">New Respiratory symptoms without fever</p> <ul style="list-style-type: none"> • Cough • Sore throat • Nasal congestion/runny nose • Myalgia (body aches) 	<p>If you work on a high-risk unit* or with immunocompromised patients and have ONE or more of the symptoms from the left column</p> <p style="text-align: center;"><u>OR</u></p> <p>work on another unit and have TWO or more symptoms</p>	<p>If you work on a high-risk unit* or with immunocompromised patients and have ONE or more of the symptoms to the left</p> <p style="text-align: center;"><u>OR</u></p> <p>work on another unit and have TWO or more symptoms:</p> <ul style="list-style-type: none"> • Stop patient activities • Don mask • Notify supervisor • Go home 	<p>>24 hours after onset of symptoms</p> <p style="text-align: center;"><u>AND</u></p> <p>Symptoms have significantly improved</p>
<p style="text-align: center;">Respiratory symptoms with fever (presumed influenza/COVID-19)</p> <ul style="list-style-type: none"> • Fever > 100.4° F • Cough • Sore throat • Nasal congestion/runny nose • Myalgia (body aches) 	If your temperature is higher than 100.4 degrees Fahrenheit and you have at least one of the symptoms from the left column	<p>If you have a fever > 100.4 F and have at least one of the symptoms to the left:</p> <ul style="list-style-type: none"> • Stop patient activities • Don mask • Notify supervisor • Notify Occupational Health • Go Home 	<p>At least five days after onset of symptoms ** <u>AND</u></p> <p>You have been fever free for 24 hours without taking fever reducing medication</p> <p style="text-align: center;"><u>AND</u></p> <p>Symptoms have significantly improved</p> <p>Mask should be worn for 5 days after return to work.</p>
<p style="text-align: center;">Respiratory symptoms with fever (proven influenza/COVID-19)</p> <ul style="list-style-type: none"> • Fever > 100.4° F • Cough • Sore throat • Nasal congestion/runny nose • Myalgia (body aches) 	<p>If you have had a positive flu or COVID-19 test and one of the symptoms from the left column</p> <p style="text-align: center;"><u>OR</u></p> <p>You have had a positive flu or COVID-19 test and are asymptomatic</p>	<p>If you have a positive flu/COVID-19 test and/or have a fever > 100.4 F and have at least one of the symptoms to the left:</p> <ul style="list-style-type: none"> • Stop patient activities • Don mask • Notify supervisor • Notify Occupational Health • Go Home 	<p>At least five days after onset of symptoms, fever free for 24 hours without taking fever reducing medication <u>AND</u></p> <p>Symptoms have significantly improved</p> <p>Mask should be worn for 5 days after return to work.</p>

* High-risk units (BMT, Transplant units/clinics)

** If you tested NEGATIVE for Influenza A & B and/or COVID-19, then you may return to work after you have been fever-free for 24 hours without antipyretics and your symptoms have significantly improved

If uncertain whether you are able to return to work, contact Occupational Health (214-645-5300) and/or Infection Prevention Dept. (214-633-4678).