

# 2024 Faculty Wellness Retreat

## Enhancing Efficiency, Embracing Trust to Maximize Professional Fulfillment

Faculty Wellness will host its second annual Faculty Wellness Retreat on **Friday, June 7 from 8 a.m. to 5 p.m.** at Pegasus Park. The in-person event will focus on maximizing professional efficiency, and will feature workshops, facilitated discussions, and networking opportunities to advance a culture of wellness at UT Southwestern.

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**Keynote speaker and guest: Jody Hoffer Gittel, Ph.D.**, a Professor of Management at Brandeis University's Heller School for Policy and Management. Dr. Hoffer Gittel is internationally recognized for having developed the Relational Coordination Theory and is the author of *High-Performance Healthcare: Using the Power of Relationships to Achieve Quality, Efficiency and Resilience*.

*The keynote will be held in person and virtually from 1:00 pm to 2:00 pm.*

8:00 AM to 8:50 AM	Registration and Breakfast
9:00 AM to 9:30 AM	Introduction and the Importance of Trust in Creating Joy in Academic Medicine
9:30 to 10:15 AM	Panel Discussions with Executive and Senior Leaders from the UTSW-Children's Health, Parkland Health, and UTSW about the Importance of Trust, Psychological Safety, and Efficiency Optimization in High Reliability Organizations
10:15-12:00 PM	Breakout Sessions (Epic Wins: Tips and Tricks in Epic with the Medical Informatics team, Relationship Centered Communication to Enhance Team Efficiency, or Professional Efficiency)
12:00-12:50 PM	Networking Lunches
1:00-2:00 PM	Keynote Address by Dr Hoffer Gittel
2:00-5:00 PM	Breakout Sessions (Epic Wins: Tips and Tricks in Epic with the Medical Informatics team, Relationship Centered Communication to Enhance Team Efficiency, or Professional Efficiency)

The University of Texas Southwestern Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The University of Texas Southwestern Medical Center at Dallas designates this continuing education activity for a maximum of 7.25 AMA PRA Category 1 Credits™. Each physician should claim only the credit commensurate with the extent of the participation in the activity.