## Starting University Clinical Careers Efficiently, Scholarly, and Successfully

## Scholarship Medicine Made Easy Fun

#### David Gerber, M.D.

Co-Director, Office of Education and Training Harold C. Simmons Comprehensive Cancer Center Professor of Internal Medicine and School of Public Health

The views expressed here reflect those of the speaker and not necessarily those of his division, department, center, institution, spouse, or teenage kids

### I never planned to do biomedical research



Scholarly Products

- I. Hometown
- 2. BA, History
- 3. Juvenile probation officer
- 4. MD
- 5. Int Med Residency
- 6. Med Onc Fellowship
- 7. Faculty

## My perception of a clinician's role in biomedical research has fundamentally changed

**My perception** 2007 Clinical **Collaborators** MD investigation really does need clinical investigators My perception 2024

### I have also decided to spend my time on what interests and matters <u>to me</u>

- Combining chemotherapy and antibody-drug conjugates
- Seeing if cell-free DNA identifies progression before imaging
- Pre-op vs post-op immunotherapy



- Improving cancer clinical trial design and implementation
- Predicting, diagnosing, treating immunotherapy toxicities
- Taking an honest look at the patient portal in oncology



## Only a clinician would notice this

#### <u>Case 1</u>

58y retired surgeon with **stage 4 lung cancer** wants to be treated on clinical trial. None available due to **stage 1 prostate cancer** s/p prostatectomy 4 years ago.

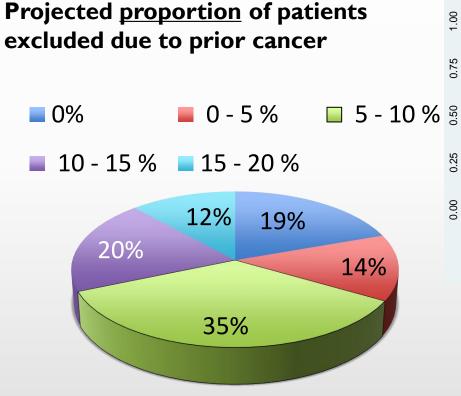
#### Case 2

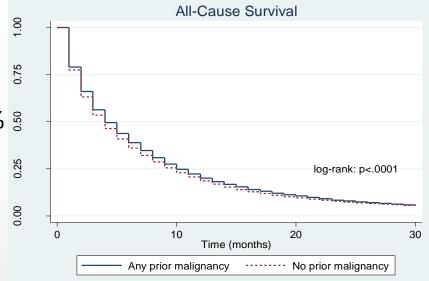
52y woman with **stage 4 lung cancer** referred for a trial. Ineligible for all available trials due to **stage 1 breast cancer** s/p surgery 3 years ago.

## Determining frequency, impact, and justification of this practice



Sandi Pruitt, PhD OSPH





HR 0.94 (95% CI, 0.93-0.96; P<0.001)

### **Interest and response**

The Washington Post Democracy Dies in Darkness

#### Health & Science

Cancer clinical trials exclude many desperate patients. Should that change?





Health & Wellness

FDA and a North Texas doctor seek to ease clinical trial restrictions on treatments for lung cancer

Sam Baker, August 22, 2022

A new report looks at how and why the Food and Drug Administration plans to push pharmaceutical companies to loosen the restrictions. Lead author Dr. David Gerber of UT Southwestern Medical Center and Simmons Cancer Center has long been an advocate for change. He spoke with KERA's Sam Baker. The New York Times

When Cancer Strikes Twice

Personal Health By JANE E. BRODY DEC. 25, 2017



Cancer Clinical Trial Eligibility Criteria: Patients with Organ Dysfunction or Prior or Concurrent Malignancies Guidance for Industry

> U.S. Department of Health and Human Services Food and Drug Administration Oncology Center of Excellence Center for Drug Evaluation and Research (CDER) Center for Biologics Evaluation and Research (CBER)

> > July 2020 Clinical/Medical

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#### <u>Case 1</u>

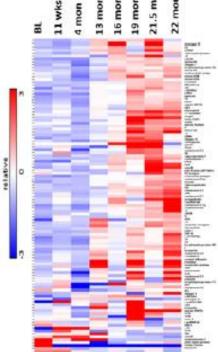
62y woman receiving combination immunotherapy for stage 4 lung cancer develops **type 1 diabetes 8 months after treatment started.** 

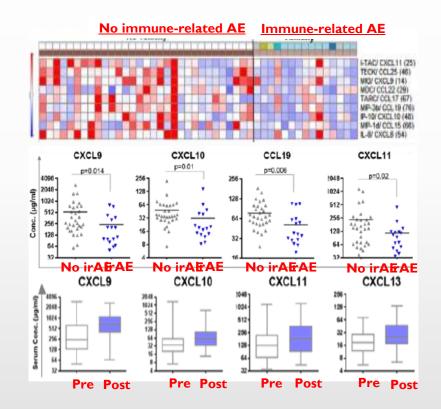
#### Case 2

68y man responding to pre-operative immunotherapy for stage 2 lung cancer is admitted with **high-grade colitis**, receives high-dose steroids, other immunosuppressants, undergoes a colectomy, but **dies** during that hospitalization.

### Predicting, diagnosing, and characterizing immunotherapy toxicity







## From publications to funding to patents to a spin-off company

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#### **ONCOSEER DIAGNOSTICS, INC.**

OncoSeer Diagnostics, Inc. (OncoSeer), a collaboration with UT Southwestern Medical Center (UTSW), is developing multimarker blood tests that diagnose and predict immune related adverse events (irAE) in oncology patients undergoing immune checkpoint inhibitor (ICI) therapy.

## Only a clinician would notice this

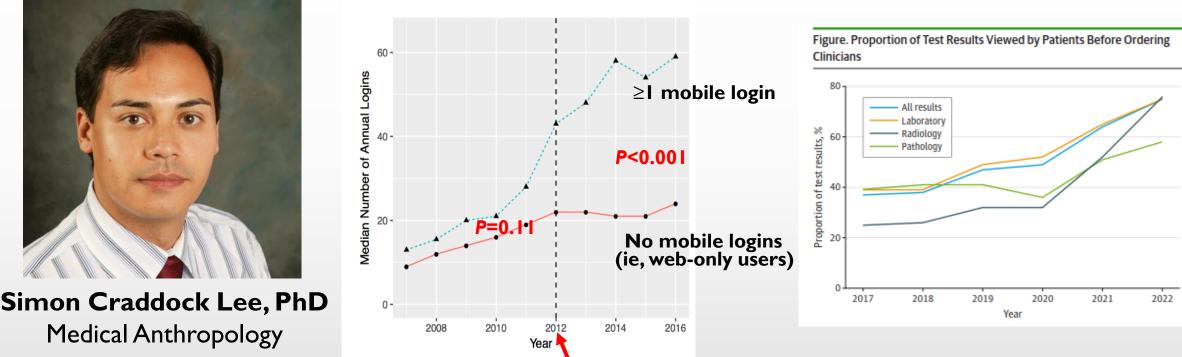
#### Case 1

Despite warnings about how to communicate "medical emergencies," 53y woman with stage 4 lung cancer sends **repeated messages about dyspnea through the patient portal** starting Saturday morning of Memorial Day Weekend. When messages are seen 3 days later, patient sent to ED and found to have **cardiac tamponade and pulmonary emboli.** 

#### Case 2

34y woman **learns she has cancer through a smartphone notification** while reading a bedtime story to her 3y daughter.

## Understanding the implications of patient portals in oncology



Availability of mobile access

## Seems like the public agreed with our concerns

#### The New York Times



#### Your Medical Test Results Are Available. But Do You Want to View Them?

The 21st Century Cures Act gave patients easy access to their health information. Now, some diagnoses delivered without context are causing high anxiety.

By Danielle Friedman Published Oct. 3, 2022 Updated Oct. 19, 2022



#### You're Seeing Medical Test Results Before Your Doctor Does. Why?

Raw test results, delivered straight to your inbox, can spark confusion at best and panic at worst

By Sumathi Reddy Follow

Sept. 14, 2023 5:30 am ET



Cynthia Lenert waited until her doctor's appointment to learn of her CT scan results.





## It takes more than ideas to initiate and sustain research

**Consider project management** 



Jessica Lee, MPH SCCC COEE



Farjana Fattah, PhD SCCC Pathology

### Scholarship Medicine Made Easy Fun Summary of Key Points

Clinicians are uniquely positioned to ask and answer the most important questions in medicine.

Identifying reliable and trustworthy collaborators who share your passion and interests is challenging but worthwhile.

We as faculty are not very good at <u>operationalizing</u> research ideas, so consider assistance with project management early on.

### **Additional Information and Resources**



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# SUCCESS



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