## Starting University Clinical Careers Efficiently, Scholarly, and Successfully

## Developing an Academic Career

Alyssa H. Hasty, Ph.D. Vice Provost and Sr.Associate Dean for Faculty Affairs and Career Development, Professor of Internal Medicine

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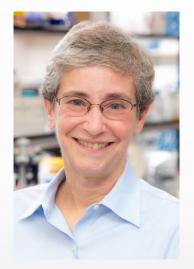
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# Why work at an academic medical center?

- Workload variety and balance
  - Education and training
  - Inpatient and/or outpatient clinical care
  - Research
- Paying it forward
- Leading-edge technology
- Collaboration with specialists
- Patient complexity and variety



If you've seen one clinical academician, you've seen one clinical academician



#### **Research Focus**

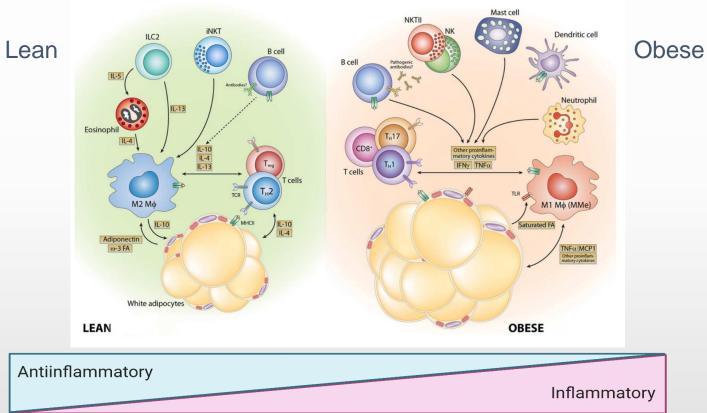
#### LIPOPROTEIN METABOLISM AND ATHEROSCLEROSIS



OBESITY AND CARDIOVASCULAR DISEASE

> OBESITY AND ADIPOSE TISSUE INFLAMMATION

#### Immunometabolism



Villarroya, J Intern Med. 2018. 284:492

# Finding your scholarly niche - research

Clinical translational research

Clinical trialist (site PI, co-PI, Key Personnel, etc.)

Data science

Implementation and Community Science

Quality improvement

Health equity

Technology development and implementation

#### Finding your scholarly niche education

#### UME

- Program director developing new programs
- Course development
- Medical student research mentor summer or year long
- GME
  - Innovations in health science education
  - Training Resident Doctors as Innovators in Science (TARDIS)
- Southwestern Academy of Teachers (SWAT) funding opportunities

#### Finding your citizenship niche

Committee work within UT Southwestern

Committee work in your professional society

Student affairs

UME / GME

Designated Institutional Official

### **Final advice**

- Find a good mentor
- Develop a strong network
- Be intentional about taking time to think about where your passions lie
  - Where can you thrive?
  - What doesn't feel like work?
  - Be as specific as possible
- Develop a long-term plan after sampling different areas
- Learn about your leaders and your environment
- Utilize institutional resources (CTSA, Office of Clinical Research, department, etc.)
- Try to carve out time each week to work on your scholarly activities
- YOU are responsible for your career

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Alyssa H. Hasty, Ph.D. Vice Provost and Sr.Associate Dean, Faculty Affairs & Career Development, Professor, Internal Medicine Alyssa.Hasty@UTSouthwestern.edu