

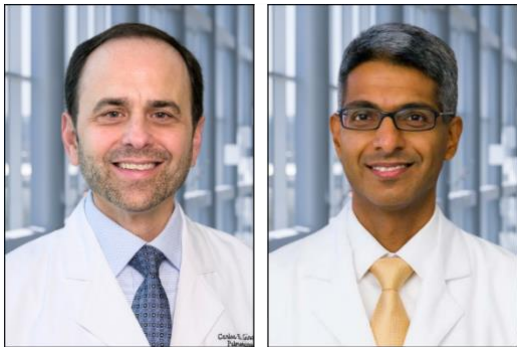
medicine minute

Tuesday, November 5, 2024

kudos

PROFESSIONAL ORGANIZATIONS

Girod, Parikh Elected for Membership in Physician Honor Society



Carlos Girod, M.D., a Professor in the Division of Pulmonary and Critical Care Medicine, and **Samir M. Parikh, M.D.**, a Professor and Division Chief of Nephrology, have been elected for membership to the American Clinical and Climatological Association (ACCA).

The honorary society was created in 1884 by physicians and scientists to improve medical education, research and practice. Its initial concern was with tuberculosis and its treatment in a suitable climate. Throughout its history, the group has expanded its interests to all scientific and clinical aspects of medicine and its specialties as well as epidemiology, preventive and environmental medicine, while retaining a continuing interest in the influence of global climate changes on health and disease. Active membership is limited to 250 physicians in the U.S. and Canada.

Dr. Girod, left, serves as Associate Vice President for Parkland Health Affairs at UT Southwestern. He joined the faculty in 1997.

Dr. Parikh, right, has received multiple honors for teaching and mentorship, having led programs funded by organizations including the Doris Duke Foundation and the National Institutes of Health to train undergraduates, post-baccalaureate students, medical students, residents, and fellows in research. He joined the faculty in 2021.

Dr. Girod is a Distinguished Teaching Professor, and holds the Ron Anderson, M.D. Professorship in Clinical Care and Education at Parkland Memorial Hospital.

Dr. Parikh holds the Robert Tucker Hayes Distinguished Chair in Nephrology, in Honor of Dr. Floyd C. Rector, Jr.; and the Ruth W. and Milton P. Levy, Sr. Chair in Molecular Nephrology.

PATIENT CARE

Crossno, Deleija-Lujano, and Khan Join Lung Transplant Team



Associate Professor **Joseph Crossno, M.D., Ph.D.**, and Assistant Professors **Juan Deleija-Lujano, M.D.**, and **Adnan Khan, M.D.**, all in the Division of Pulmonary and Critical Care Medicine, have joined the Lung Transplant Team.

Dr. Crossno, left, holds a bachelor's degree in microbiology and immunology from the University of Tennessee in Knoxville. He received his medical degree and his doctorate from the University of Tennessee College of Medicine in Memphis. He then completed internal medicine residency training from the Medical College of Virginia in Richmond and a pulmonary and critical care medicine fellowship at the

University of Colorado Health Science Center in Denver. He joined the UT Southwestern faculty in 2024.

Dr. Deleija-Lujano, center, holds a bachelor's degree in chemistry from the University of Texas Pan-American in Edinburg. He received his medical degree from the University of Texas Health Science Center at Houston and completed internal medicine residency training followed by a fellowship in pulmonary and critical care at Baylor College of Medicine, where he obtained additional training in lung transplant medicine. He joined the UT Southwestern faculty in 2024.

Dr. Khan, right, holds a bachelor's degree in molecular, cell, and developmental biology from the University of California Los Angeles. He received his medical education at the University of Queensland in St. Lucia, Australia, and completed internal medicine residency training at Virginia Commonwealth University in Richmond. He then obtained advanced training through a fellowship in pulmonary and critical care medicine at Cedars Sinai Health System in Los Angeles. He joined the UT Southwestern faculty in 2024.

RECOGNITION

Gonzales Duarte Receives Team Spirit Award



Lina Gonzalez Duarte, M.Sc., RD, LD, a Sr. Research Dietitian in the Division of Endocrinology, has been selected to receive the Team Spirit Award from the Office of Clinical Research. She will be recognized for her achievements as a clinical researcher during the Clinical Research Professionals Day event on **Tuesday, Nov. 12, in ND14**.

"This award recognizes the challenges I've had to overcome and everyone who has supported me," Ms. Gonzalez Duarte says. "It proves that we can achieve great things together, and I'm deeply honored to be recognized for my contributions to a field that directly enhances patient health and well-being."

Originally from Bogotá, Colombia, Ms. Gonzalez Duarte holds a bachelor's degree in nutrition from Pontificia Universidad Javeriana. She also holds a bachelor's degree in nutrition from Texas Woman's University, where she later obtained a master's degree in nutrition.

In the Diabetes and Obesity Research Program (DORP), Ms. Gonzalez Duarte provides medical nutrition therapy to participants in clinical trials, develops educational materials, ensures regulatory compliance, and coordinates participant recruitment, retention, and documentation.

RECENT JOB CHANGES

Staff Members Take on New Roles



We congratulate the following staff members who recently took on new positions within the Department:

- **Courtney Katz** – Sr. Research Associate, Digestive & Liver Diseases
- **Pratik Lama Tamang** – Research Assistant I, Infectious Diseases & Geographic Medicine
- **Stephen Lund** – Program Coordinator, Research Administration
- **Bethany Maciel** – Research Assistant I, Hypothalamic

Research

- **Gloria Shibley** – Sr. Grants & Contracts Specialist, Research Administration
- **FNU Swati** – Research Associate, Hypothalamic Research
- **Toby Thomas** – Sr. Research Associate, Hematology & Oncology
- **Leona White** – Research Assistant II, Infectious Diseases & Geographic Medicine
- **Kimberly Wood** – Research Technician, Infectious Digestive & Liver Diseases

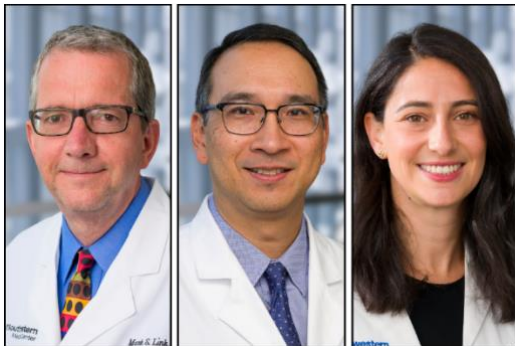


Internal Medicine News Portal
Click for more Department news and updates

in case you missed it

MEDBLOG

Cardiology Faculty Discuss Latest Techniques to Treat AFib



Three faculty members in the Division of Cardiology discussed cardiac ablation options to treat AFib, a type of irregular heartbeat, or arrhythmia, caused by faulty electrical signals to the heart, in a recent [post on MedBlog](#).

About 6 million Americans have the condition today, a number that is expected to double in the next five years, according to Professors **Mark Link, M.D.**, left, and **Richard Wu, M.D.**, center, and Assistant Professor **Anna Rosenblatt, M.D.**, right, all members of the Division of Cardiology.

The authors attribute the uptick to more people “developing lifestyle risk factors for AFib, such as obesity, diabetes, sleep apnea, and high blood pressure. And wearable devices with built-in health monitors, such as Apple Watches, now allow people who never noticed AFib episodes before to see heart rhythm irregularities in real time.”

Dr. Link holds the Laurence and Susan Hirsch/Centex Distinguished Chair in Heart Disease.

Dr. Wu holds the Dallas Heart Ball Chair in Cardiac Arrhythmia Research and the L. David Hillis, M.D. Professorship in Clinical Research in Cardiology.

IN THE SPOTLIGHT

Faculty Members Recognized Ahead of Awards Celebration

Five faculty members were among those spotlighted in [a CenterTimes Plus article](#) ahead of the seventh annual Leaders in Clinical Excellence Awards on **Thursday, Nov. 14, at 4:30 p.m.**, in the Tom and Lula Gooch Auditorium.



The ceremony will be hosted by UTSW President **Daniel K. Podolsky, M.D.**, and will include recognition of, from left, **Jonathan Dowell, M.D.**, a Professor in the Hematology and Oncology Division, who will receive an Institutional Service Award; **Ildiko Lingvay, M.D., M.P.H., M.S.C.S.**, a Professor in the Division of Endocrinology, who will receive a Mentoring Award; **Bonnie Prokesch, M.D.**, an Associate Professor in the Division of Infectious Diseases and Geographic Medicine, who will receive a Patient and Family Recognition Award; **Fiona Strasserking, M.D.**, an Assistant Professor in the Division of Cardiology, who will receive the President's Award for Diversity and Humanism in Clinical Care; and **Miguel Vasquez, M.D.**, a Professor in the Division of Nephrology, who will receive UT Southwestern's highest honor in clinical care, the Patricia and William L. Watson Jr., M.D. Award for Excellence in Clinical Medicine.

To read about Dr. Dowell, click [here](#); to read about Dr. Lingvay, click [here](#); to read about Dr. Prokesch, click [here](#); to read about Dr. Strasserking, click [here](#); to read about Dr. Vasquez, click [here](#).

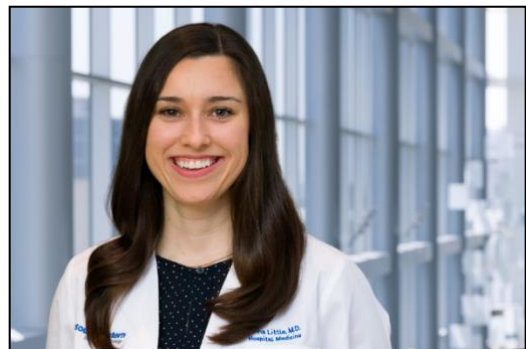
News and Digital Media Featuring Internal Medicine Colleagues

- [Out of Africa: UT Southwestern Cardiologist Gets to the Heart of Zambia's No. 1 Health Threat](#) (via the *UTSW Newsroom*, with **Fiona Strasserking, M.D.**, **Rafic Berbarie, M.D.**, **Mark Drazner, M.D.**, and **Roger Bedimo, M.D.**)

this week

INTERNAL MEDICINE GRAND ROUNDS

Felde to Discuss Parental Leave Transitions on Nov. 8



Lanna Felde, M.D., an Assistant Professor in the Division of Hospital Medicine, will present the [Internal Medicine Grand Rounds](#) lecture on **Friday, Nov. 8, at 8 a.m. in D1.502**. Her topic: "A Better Way to Leave: How Physicians and Universities Benefit from a Focus on Parental Leave Transitions."

Originally from Houston, Dr. Felde holds a bachelor's degree in biology from the University of Texas at Austin and a master's degree in public health from the University of Texas Health Science Center at Houston. She earned her medical degree at the University of Texas at San Antonio and completed internal medicine residency training at UT Southwestern. Fluent in Spanish, she also served as a translator at

Parkland Health. Her clinical interests include minority health and health disparities, clinical practice guideline development, and improving the quality of inpatient care.

Dr. Felde joined the UT Southwestern faculty in 2018.

INTERNAL MEDICINE RESEARCH CONFERENCE

Horton to Lecture About Lipogenesis in MASLD on Nov. 8



Jay Horton, M.D., a Professor in the Division of Digestive and Liver Diseases and Director of the Center for Human Nutrition, will present the [Internal Medicine Research Conference](#) on **Friday, Nov. 8, at noon in D1.502**. His topic: “Role of Lipogenesis in the Development of MASLD.”

Dr. Horton holds a bachelor's degree with Honors and Distinction in zoology from the University of Iowa, where he also earned his medical degree. He completed internal medicine residency training at UT Southwestern, followed by fellowship training in gastroenterology and a Howard Hughes Postdoctoral fellowship for Physicians.

Dr. Horton joined the UT Southwestern faculty in 1997. He served as Chief of the Division of Digestive and Liver Diseases from 2013 to 2016.

In clinical digestive diseases, Dr. Horton has an interest in conditions that lead to steatosis and obesity. Currently the laboratory is investigating molecular mediators of steatosis using various mouse models. Investigations from the laboratory have revealed how the primary transcriptional regulators of cholesterol metabolism (sterol regulatory element-binding proteins) are also key regulators of fatty acid synthesis in liver. A major focus of his laboratory is to determine how these transcriptional regulators contribute to the development of steatosis in various disease processes such as diabetes, obesity, and beta-oxidation defects.

A second area of investigation centers on determining the function of PCSK9, a protein that is involved in determining plasma LDL cholesterol levels through its ability to post-transcriptionally regulate the expression of the LDL receptor in liver.

Dr. Horton holds the Center for Human Nutrition Director's Endowed Chair; the Distinguished University Chair in Human Nutrition; and the Scott Grundy Director's Chair.

To learn more about Dr. Horton's research, visit the [Horton Lab site](#).

Noteworthy Lectures & Conferences

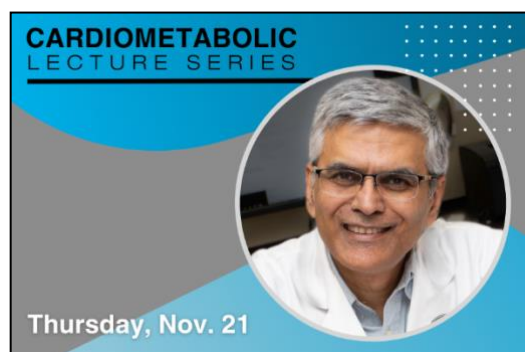
- **Tuesday, Nov. 5, 11 a.m.:** [Leadercamp](#) with **David Meerman Scott** – “Artificial Intelligence-Powered Personal Branding”
- **Wednesday, Nov. 6, 8 a.m.:** [Geriatrics Grand Rounds](#) with **Dr. Robert Haddox** (Geriatrics) – “Some Provocative Assertions on Dementia”
- **Wednesday, Nov. 6, 11 a.m.:** [Leadercamp](#) – “Embracing Digital Transformation: Empowering Resistant Season Professionals”
- **Wednesday, Nov. 6, 4 p.m.:** [Pathology Seminar Series](#) with **Dr. Samra Turajlic** (The Francis Crick Institute) – “Unraveling the Mysteries of Kidney Cancer Through Multi-omics”
- **Thursday, Nov. 7, 8 a.m.:** [Infectious Diseases Grand Rounds](#) with **Dr. John Albin** (Massachusetts General Hospital) – “Engineering Human Host Defense Proteins to Combat Infectious Diseases”

- **Thursday, Nov. 7, Noon:** [Nephrology Journal Club](#) with **Dr. Huzair Ali** (Nephrology) – “Efficacy and Safety of Rituximab in Patients with Active Proliferative Lupus Nephritis: The Lupus Nephritis Assessment with Rituximab (LUNAR) Study”
- **Thursday, Nov. 7, Noon:** [Moss Heart Center Seminar Series](#) with **Dr. Na Li** (Baylor College of Medicine) – “Inflammasome in Arrhythmogenesis”
- **Friday, Nov. 8, 1 p.m.:** [Endocrine Grand Rounds](#) with **Dr. Sean Young** (Public Health) – “I Wisely Started with a Map: An Introduction to Geospatial Public Health”

save the date

CARDIOMETABOLIC LECTURE SERIES

Nephrologist Agarwal to Speak About Protecting the Heart During Kidney Treatment on Nov. 21



Rajiv Agarwal, M.B.B.S., a Professor Emeritus of Medicine at Indiana University School of Medicine and a nephrologist practicing at the Roudebush VA Medical Center, will lecture as part of the Cardiometabolic Lecture Series on **Thursday, Nov. 21, at noon in D1.602**. His topic: “Treating the Kidney, Protecting the Heart: What is the Evidence?”

Dr. Agarwal earned his medical degree from the All-India Institute of Medical Sciences in New Delhi and completed his Nephrology fellowship at UT Southwestern Medical Center. He has authored over 450 research papers and reviews and has delivered lectures at numerous prestigious events and institutions, both nationally and internationally. His key contributions are in hypertension in chronic kidney disease, particularly in patients on hemodialysis. His research has been continuously funded by the NIH since 2003. He received the Clinical Excellence Award from the American Nephrologists of Indian Origin (ANIO) and was recognized as a “Highly Cited Researcher in Clinical Medicine 2023” by Clarivate for multiple influential papers ranking in the top 1 percent of citations.

on the horizon

LEADERSHIP LECTURE SERIES

Bajaj, Reed to Speak About Quality Improvement



The Leadership Lecture Series continues **on Tuesday, Nov. 12, at noon** with a presentation **Puneet Bajaj, M.D., M.P.H.**, an Associate Professor in the Division of Rheumatology and Internal Medicine Quality Officer, and **Gary Reed, M.D., M.S.**, a Professor in the William T. and Gay F. Solomon Division of General Internal Medicine. Their topic: Quality Improvement.

All lectures are virtual, informal, and brown bag. Faculty, APPs, administrators, and trainees are welcome to attend.

To join the virtual event, click [here](#).

HEALTHCARE OBSERVANCES

Palliative Care Team to Present Learning Opportunities in November



November is **National Hospice and Palliative Care Month**, a time to recognize the valuable contributions to patient care made by hospice and palliative medicine providers.

UT Southwestern's Palliative Care team has set aside the week of **November 18-22** to highlight the importance of palliative care and emphasize the need for advance care planning.

The weeklong observance will include hybrid presentations designed to help healthcare providers deliver quality care to patients with advanced illness at the end of life.

The team will also staff an Advance Care Planning table throughout the week **from 11:30 a.m. to 1:30 p.m.** outside the CUH cafeteria to assist in preparing advance directives. Staff, patients, and hospital guests are invited to visit the table to complete advance directive documents at no cost.



Internal Medicine Events Calendar
[Click to view additional events](#)

reminders

CONTINUING MEDICAL EDUCATION

Annual Liver Conference Set for Dec. 7



The Division of Digestive and Liver Diseases will host its 8th Annual Update on Liver Diseases on **Saturday, Dec. 7**, at the Renaissance Dallas Hotel.

The annual course, co-directed by **Amit Singal, M.D.**, and **Indira Bhavsar-Burke, M.D.**, will update providers on a diverse range of topics including evaluation of liver tests, non-invasive markers of fibrosis, viral hepatitis, autoimmune liver disease, alcohol and metabolic associated fatty liver disease, cirrhosis, portal hypertension, primary liver cancer and liver transplantation. The conference focuses on recent advances, publications and expert opinions. In addition to didactic

lectures, case presentations are included to make the activity interactive and practical.

To learn more about the conference, click [here](#). To register for the conference, click [here](#).

Look for the next *Medicine Minute* on **Tuesday, Nov. 12, 2024**.
Share feedback and news items with us at IMNews@UTSouthwestern.edu

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