Dear Residents,

As we near 2025, I have a strong hunch that it will be a promising year for our training program. The investments we made in 2024 will yield significant benefits. The chief residents demonstrated remarkable dedication and expertise in transitioning the program to QGenda and implementing a night float system. Additionally, we successfully received approval to launch a new Health Equity Track and transitioned to geographic medicine teams at Clement's University Hospital. These accomplishments were not achieved without significant challenges and hard work.

2024 was a disconcerting year for the world, marked by rising temperatures, persistent regional conflicts, and severe weather events. Amidst these difficulties, there were also moments of joy and progress. Dallas was fortunate enough to witness a magnificent total solar eclipse, while the Paris Olympic Games showcased stunning athletic feats. Additionally, the Notre Dame Chapel underwent a remarkable restoration. On the administrative front, the year was also hectic, with various challenges and delays. However, the education office team demonstrated remarkable energy and resilience, successfully overcoming these obstacles. Marc Valerin and his team have been instrumental in this success.

Some of the more enjoyable **books I started or finished reading in 2024** were:

Intermezzo by Sally Rooney, James by Percival Everett, The City and Its Uncertain Walls by Haruki Murakami, Midlife by Kieran Setiya, Meditation for Mortals by Oliver Burkeman, The Right Kind of Wrong by Amy Edmondson, Revenge of the Tipping Point by Malcolm Gladwell, Demon Copperhead by Barbara Kingsolver, Nexus by Yuval Noah Harari, Apeirogon by Colum McCann, Life is Hard by Kieran Setiya, In My Time of Dying by Sebastian Junger, Cheri by Jo Ann Beard, Generations by Jean M. Twenge, The Sociology of Diagnosis by Annemarie Goldstein Jutel, and Elizabeth Costello by J.M. Coetzee.

Spotify has compiled my top 100 songs for 2024, although it's not entirely accurate since there are a few songs I didn't listen to at all. That's just how AI works! Nevertheless, it's mostly accurate. I did listen to a lot of Radiohead, The Beatles, Bob Dylan and The Doors.

I also watched a few **memorable movies**:

Laapataa Ladies (Hindi), Perfect Days (Japanese), Conclave, and A Complete Unknown are all great movies.

I hope you've had a meaningful and significant 2024, acquiring new skills, experiencing new things, and developing new perspectives on life and work. I extend my heartfelt wishes for the very best in 2025.

Photo by Kelly Sikkema on Unsplash

Dino Kazi